



It is my privilege to introduce Reed and Sandy Gurney.

When you enter Reed and Sandy's lovely home you're greeted by their warm smiles and compassionate spirits.

The Gurney's are new to TPC having lived the majority of their married lives in Myrtle Point, where Reed was born and raised. Reed is a fourth-generation family physician. His grandfather was one of the first physicians to bring insulin to the Northwest at a time when there was only one type of insulin available. His Dad was the community family physician and his Mom ran the lab for their clinic, The Myrtle Point Medical Center. Reed felt his mother was a wonderful roll model for the rest of the clinic's staff.

Reed and Sandy both feel they had wonderful childhoods. Reed grew up in Myrtle Point with a twin brother and two sisters. Sandy grew up in NE Portland, the middle daughter of three. Sandy stated her mother encouraged her daughters to obtain an education so they would always be able to take care of themselves. Sandy worked at a retirement facility and that became her pivotal moment to pursue a career in nursing. She enjoyed caring for people physically and emotionally.

Reed and Sandy met at OHSU, Reed was in medical school and Sandy was a nursing student. As fate would have it, one of Reed's colleagues suggested they join the table of nurses for lunch and that began their 50-year relationship. Reed and Sandy graduated in 1974 from medical and nursing schools on a Friday, had their wedding rehearsal dinner on Saturday and wedding on Sunday! Now that is one busy weekend!

They lived in San Bernardino, CA. for Reed's residency where their first daughter, Lisa, was born. Upon Reed's completion of his residency his father asked him to come to Myrtle Point to work with him in the Clinic. Reed practiced with his Dad for 11 yrs. before taking over the clinic. Sandy specialized as an immunization nurse and worked along side Reed in the family clinic for over 40 years. Reed did everything from delivering babies to saving a partially severed finger! Sandy and Reed expressed that everyday was different, just like a snowflake!! Reed retired in 2013.

The Gurney's have four children. Lisa (41), Lynn (39), Carl (37) and Brittany (34.) They have five grandchildren ranging in ages from 16 yrs to 18 months. Lisa and husband live in Beaverton and are educators. Lynn lives in Salem with her family and is also an educator. Their son, Carl, lives in Corvallis and is living his passion. He works at a bike shop repairing and restoring bikes for the disabled. Brittany lives with her family in Pasadena, CA. and is a Registered Dietician.

Reed and Sandy found themselves often traveling to the Portland area to visit their children and grandchildren. Their good friends of more than 35 yrs., Scott and Kathy MacCluer, former residents of Myrtle Point, were living in Sherwood and attending TPC. The Gurney's would often attend TPC with the MacCluer's when they were visiting. Reed and Sandy felt TPC's church community was like "coming home."

Reed and Sandy had many wonderful things to share, one profound statement: "When you live in a community for your entire life, you learn how to get along with everybody, appreciate their strengths and ignore their weaknesses." Sounds like TPC philosophy!

The Gurney's are embracing their new community in Sherwood, being closer to their children and grandchildren and finding joy in being retired. It was an absolute pleasure to visit and become better acquainted with them.

Reed and Sandy not only exemplify to me what Jesus told his followers "ye are the salt of the Earth" Matthew 5:13 (King James Version) but they also are a bit of "Heaven on Earth."

Kerry Weaver, Deacon Parish 1



FELLOWSHIP DINNER GROUPS

Sign-up for the 2019 Winter Phase starts now. This is an excellent time to sign up if you are not already participating. Current participants

are automatically signed up for the winter phase and do not need to do anything unless they wish to opt out.

Fellowship dinners are groups of 7 to 9 people who meet four times in four months for a meal and fellowship. The groups usually meet in homes, but they have also met in restaurants, parks and at TPC. The hosts provide the main course and others bring side dishes, dessert, etc. Sometimes games or activities are included. Each group decides the times that work best for all to gather. While most groups meet in the evening for dinner, a brunch has sometimes worked best.

The winter phase goes from February to May. After each four-month phase, the computer comes up with new random groups. This gives everybody the chance to connect and know even more people in the church. New church members will find this a great way to get better acquainted and longtime members find it a way to expand their relationships with other church members.

You may sign up using the sheet on the bulletin board in the narthex or by emailing Rick Crall, re3ric@gmail.com by **January 20th**. You will receive an email with your group listed about January 24th, and the groups will be posted in the Narthex on Sunday, Jan. 27th.

The Fellowship Dinners program is guided by a steering committee that meets annually, or as needed, to review and direct the program. You may contact any member of the Steering Committee with your questions or comments. They are Mary Ortez, Chapin Zakrzewski, Rick & Barb Crall, Larry Church, Julie Nader, Pam & Scott Cameron, Pamela White.

WOMEN'S MINISTRY 2019 UPCOMING PROGRAMS

Programs for 2019 are a mix of topics presented by our members, a speaker on an Uganda orphanage, and a luncheon excursion to Albertina's Place. Mark these dates on your calendar now, so you won't miss out:

January 19th – Donna Benner will share pieces from her Nutcracker collection and give us a history of this distinctive little soldier.

February 16 – Betty Taylor will conduct a program on her water color painting. She will show us how a work progresses through stages with demonstration pieces.

March 16 – Heidi Katur, founder of the "Peace for Paul" project, an orphanage in Uganda, will be our speaker.

After Easter which is April 21st, week day date to be determined – We will have lunch at Albertina Kerr's Albertina's Place followed by shopping at their closet, heirloom and jewel box shops. The TPC bus will be used for this outing.

May 18th - We will have the opportunity to make something, as Nancy Wilcox will have us doing a mod podge art project.



BOY SCOUTS SAY THANK YOU TO TPC WITH A NEW VACCUUM CLEANER

Dear TPC,
Thank you for your support. As a small token of our appreciation, we have replaced the vacuum in the Narthex, as we use it (too) often.

The Youth and Adults of
Troop 530

Thank you so much to the youth and leaders of Boy Scout Troop 530!



OPENING IN MARCH

Hope can be hard to hang on to for homeless children and their families. Family Promise of Tualatin Valley wants to return that hope to families. We hear about homeless families every day... A working Tigard family, whose mom has health problems, is living in a hotel in Hillsboro and can't get into a shelter because one of their children has special needs. A mom with three boys uses the food bank, but because they're living in a car, she can't cook and they often go hungry. A mom and dad are living with their two young children in their friend's leaky travel trailer without electricity or water. The 203 identified homeless children in our school districts are struggling.

Family Promise will help families meet these needs and others that present themselves each day when navigating homelessness. The program will provide a staffed, home-like Day Center, warm, comfortable host locations and supportive volunteers who share meals, help with housing searches and homework and provide daily encouragement and support. Most importantly, families will stay together, in their own schools, in their routines and in their own communities while following a planned path to sustainable housing. Their HOPE will be restored.

Thank you for your generous support – if you are interested in serving on any of the Board committees, we need people to serve on the Finance, Fund-raising, Day Center Building and Grounds, Transportation, and Board Development committees. We could use immediate help in the following areas: IT Support to get our computers up and running, ongoing website and social media support, and a Day Center Pantry Coordinator.

For more information please contact Judy Nix jcnix@comcast.net or Gina Olson mgolson5@comcast.net.

Mask and Mirror Community Theatre

Registered 501(c)3 Non-Profit

Presents:

DOUBT, a parable

By John Patrick Shanley

An Unmasked Production

January 18th - 27th, 2019

Fridays/Saturdays at 7:30 pm

Sundays at 2:30 pm

Tualatin Heritage Center

8700 SW Sweek Drive, Tualatin

All tickets \$10: www.maskandmirror.com

503-893-5945 or tickets@maskandmirror.com

Advance purchase suggested

Funded in part by a grant from the Cultural Coalition of Washington County, The Oregon Cultural Trust and Tualatin Arts Advisory Committee.

SECOND GROUP OF STEPHEN MINISTERS

STARTED TRAINING JANUARY 8

Four members of TPC have started their training to become Stephen Ministers. Trainees are Pam Cameron, Sandy Gurney, Kerry Hormann, and Joan Nardi.

WAYS TO CONNECT AT TPC

Sing in the choir. Rehearse Wednesdays at 7 pm.

Ring in the handbell choir. Thursdays at 7 pm.

Greet at the front door on Sunday morning.

Pass out bulletins on Sunday morning.

Help serve coffee and cookies on Sunday.

Donate cookies for Sunday morning.

Act as a liturgist. Talk to Chris Robertson.

Read scripture. Talk to Chris Robertson.

If you have been ordained as an elder or deacon, help serve communion. Talk to Joan Nardi.

Come to Adult Edge (Adult Sunday School) on Sunday mornings downstairs at 8:30.

Join the Book Club. There are one or two spots left in the group that meets at 10 am on the third Thursday of the month. Talk to Priscilla Hagan.

Join a Fellowship Dinner Group. See article on page 2 of this newsletter for details.

Donate or help at blood drive. See Scott Cameron

INFLUENZA AKA THE FLU

Influenza is caused by a respiratory virus. Flu season is already upon us and may go through May. The best way to prevent the flu is to get vaccinated. You can talk to your doctor or most pharmacists to get a flu shot. The good news is that this year's flu shot seems to be effective against the most common strains of influenza going around this year.

How do you prevent getting or spreading the flu?

Get a flu shot.

Stay home when you are sick. Stay home until you are fever-free for 24 hours without medications to prevent or treat a fever.

Use a tissue to cover a cough or sneeze, and then throw the tissue away.

Wash your hands often.

Avoid touching your face.

How do you know if it is a cold or the flu?

SYMPTOMS	COLD	INFLUENZA
Onset	Slow-few days	Fast-few hours
Stuffy/Runny nose	Yes	Sometimes
Sneezing	Yes	Sometimes
Cough	Yes-possibly productive	Yes-usually dry
Sore Throat	Yes	Sometimes
Head/Body aches	Mild	Severe
Nausea	No	Sometimes
Fever	Rare	Yes
Sweats/Chills	No	Yes

What to do if you get the flu?

Most people who get the flu do not require medical treatment. Stay home, rest, drink plenty of fluids, and take over-the-counter medications to treat the symptoms.

If you are at high risk from the flu, contact your doctor within the first 24-48 hours after the onset of symptoms. Your doctor may be able to prescribe antiviral drugs that can lessen symptoms and shorten the time you are sick by 1 or 2 days. People at high risk of complications or hospitalization from the flu include: young children, adults 65 years of age and older, pregnant women, and people with certain medical conditions such as asthma, diabetes and heart disease.

If you are in doubt about if you need to see the doctor, call your doctor's office and ask to speak with the advice nurse. Further information about the flu can be found at: www.cdc.gov/flu/index.htm

Susan Fee, Parish Nurse

TPC IN PHOTOS





SUNDAY MORNING COFFEE SERVERS

Coffee servers are always appreciated!! You can sign up on the TPC web site (<https://goo.gl/9imGAU>) OR notify Bonnie Nord (nordb51@gmail.com) and she will sign you up. When there are coffee servers, there will be cookies after worship on Sunday mornings!!! Thank you, thank you.

SUNDAY MORNING GREETERS AND USHERS at 9:30 am

Every Sunday two people stand by the front door of the church and greet people as they arrive. Two additional people stand near the glass doors leading into the sanctuary and pass out bulletins. Can you help? There are sign-up sheets on the bulletin board in the narthex. Choose a date that works for you and sign up. Thank you.

TUALATIN SCHOOL HOUSE PANTRY

Currently the pantry is in need of canned fruit, canned soup, canned meals (chili, pasta, etc.), boxed mac and cheese, and powdered laundry detergent. They can always use extra paper grocery bags.

UPDATED DIRECTORIES

are available on the table to the right as you enter the office. If we run out, more will be printed.

HEALTHY APPETIZERS

Honey Drizzled Brie with Blueberries, Walnuts, and Basil

Place $\frac{1}{2}$ - $\frac{3}{4}$ lb. wedge of room temperature brie on a serving plate. Spread $\frac{1}{4}$ cup of vanilla yogurt over the top of the brie. Place 1 cup of blueberries on top of the yogurt and around the plate. Sprinkle $\frac{1}{4}$ cup of toasted, chopped walnuts on top the blueberries. Drizzle 1 tablespoon of honey over the top. Cut 3-4 basil leaves into thin slices and sprinkle over the top. Serve with whole grain crackers.

Approx. 10 servings

Endive with Goat Cheese, Strawb's & Walnuts

24 lg leaves of Belgian endive (3-4 heads)
 3 oz soft or crumbled goat cheese
 1 1/2 C small or med. fresh strawberries, sliced
 1/4 C chopped, toasted walnuts
 1/4 tsp sea salt
 4 tsp extra-virgin olive oil
 1 T honey
 1T finely chopped fresh basil

Arrange the endive on a platter. Divide the goat cheese and place on top of each endive leaf. Top with strawberries and walnuts. Drizzle with olive oil and honey. Sprinkle basil on top.

Recipes submitted by Susan Fee, Parish Nurse

TUALATIN PRESBYTERIAN CHURCH CALENDAR

For the latest calendar updates, go to www.tpcspirit.org and click on EVENTS.

January, 2019

Sun	Mon	Tues	Wed	Thu	Fri	Sat
		1	2 7 pm Mission Mtg NO Chancel Choir Rehearsal	3 NO Bell Choir Rehearsal	4	5
6 8:30 Adult Edge 10:00 Worship and Sunday School	7	8 7 pm Stephen Ministry Class, Continuing Ed and Supervision	9 10 am Loving Stitches 7 pm Chancel-Choir Rehearsal	10 NO Bell Choir Rehearsal	11	12
13 8:30 Adult Edge 10:00 Worship and Sunday School Meeting Before the Meeting after worship	14 7 pm Deacon meeting	15 7 pm Tuesdays Treasures 7 pm Session Meeting 7 pm Stephen Ministry Class	16 7 pm Chancel Choir Rehearsal	17 10-11:30 am Book Club #1 at Hagan home. NO Bell Choir Rehearsal	18	19 7:00 am Men's Breakfast 10:30 am Women's Ministry
20 8:30 Adult Edge 10:00 Worship and Sunday School Congregational Meeting after worship	21	22 7 pm Stephen Ministry Continuing Ed and Supervision	23 10 am Loving Stitches 7 pm Chancel Choir Rehearsal	24 10-11:30 am Book Club #2 at Hagan home Possible Bell Choir Rehearsal	25	26
27 8:30 Adult Edge 10:00 Worship and Sunday School	28	29 1 - 6:30 pm Red Cross Blood Drive	30 7 pm Chancel Choir Rehearsal	31 7 pm Bell Choir Rehearsal		

JANUARY BIRTHDAYS

03-Cathy Lambeth
04-Mary Shiffer
06-Rosemary Willis
07-Riley Reding
08-Deb Carlson
09-Steve Olsen
12-Jeff Cameron
12-Wendy Love
12-Susan Springer

15-Samuel Corona
15-Karen Jones
16-Herb Richardson
17-Joen Morris
18-Mary Maleta
19-Scott MacHaffie
21-Pam Bowen
21-Bill Thomason
24-Greg Sundt
28-Nicholas Dannemiller

28-Ted Miller
28-Mark Hansen
29-Janet Winterrowd
29-Randy Beyer
30-Pam Cameron
31-Neil Olson
31-Annica Gage



9230 SW Siletz Drive
Tualatin, OR 97062



TUALATIN PRESBYTERIAN CHURCH

9230 SW Siletz Drive, Tualatin, OR 97062

Phone: 503-692-4160 Email: office@tpcspirit.org

Web Address: www.tpcspirit.org We're also on Facebook.

Worship Service – Sundays at 10:00 a.m.

Pastor: The Rev. Dr. Ken Evers-Hood

Parish Associates: The Rev. Charlie Brown, The Rev. Dr. Dick Wiggers

Elders: Craig Bowen, Russ Carlin, John Casebeer, Jeff Engh, Judy Nix, Greg Owen, Emily Ricker, Chris Robertson and Maureen Wolf

Deacons: Derrilyn Bayha, Jan Bender, Susan Cameron, Peggy Gibbons, Emily Gibson, Carolyn Hale, Jason James, Gina Olson, Kerry Weaver, Rob Wiesenthal, Pamela White and Chapin Zakrzewski.

Director of Family Ministries: Sarah Beck

Administrative Assistant: Susan Springer

Financial Assistant: Mike Shiffer

Director of Music Ministries: Gary Young

Accompanist: Dr. Ron Fabbro

Bell Choir Director: Debbie Ivanov

Building and Grounds Caretaker: Bob Paetsch

Art Director: Chris Robertson

Bereavement Committee Chair: Barbara Crall

Blood Drive Coordinator: Scott Cameron

Clerk of Session: Rick Crall

Cookie Coordinator: Sue Hayhurst

Hospitality Coordinator: Bonnie Nord

Membership Coordinator: Diane Paetsch

Men's Fellowship Group Coordinator: Mike Weaver

Parish Nurse: Susan Fee

Prayer Chain: Greg Imus

Treasurer: Jennifer Ayers

Tuesdays Treasures Coor: M&M Shiffer, Denise Collins

Webmaster: John Martin

Wedding Coordinator: Stacy Mauer

Office hours may vary; call ahead to confirm.

Monday – 9:00 a.m. to noon, Tuesday through Thursday: 9:00 a.m.– 3:00 p.m., Friday – 9:00 a.m. to noon