



### **STEWARDSHIP IS MORE THAN A FINANCIAL PLEDGE**

Stewardship means realizing our very lives are a gift. Pastor Ken's personal commitment for 2011 is to "do my best to live responsibly in the personal, family, and vocational relationships of my life by being a good steward of my health through diet and regular exercise."

Others in the congregation shared their personal commitment.

In 2011 I will do my best to live in the blessings of my faith as opposed to living in the challenges of my daily life. Becky Backen

In 2011 I will do my best to nurture and grow my own personal family and work relationships also (all can improve here), and to be the best deacon I can be. Bob Nix

In 2011 I will do my best to keep the prayer chain members and congregation updated on all the prayer needs. Greg Imus

In 2011 I will do my best to simplify my life by de-cluttering my life's collection of things, with God's help, let go of things, not memories. Mary Shiffer

In 2011 I will do my best to respond to God's service in the world by lending a trusting ear and a helping hand to others.

In 2011 I will do my best to help Loving Stitches by knitting the second and fourth Fridays at home.

In 2011 I will do my best to provide more support to Children's Christian Education. Cackie Kyle

In 2011 I will do my best to remember why I am here...not for me but for the will of God. I will do my best to reengage in the life of the church family and do what I can to contribute to the vitality of TPC and its ministries. Dave Backen

In 2011 I will do my best to live responsibly in the relationship of my life by praying and studying scripture. Adele Pelletier

### **MISSION..**

covering our neighbors locally, nationally, and around the world with God's love

One way to think of mission work is sharing God's love. During February Mission month we are putting together a quilt to illustrate the different ways members of the congregation share God's love with our neighbors. Everyone is a missionary. You are one when you have a kind word for someone, when you bring a can of food for the Food Pantry, when you say a prayer for a friend, a co-worker, or someone caught in a disaster.

Everyone from ages 2 through 102 is encouraged to join us in this project. The paper quilt will grow on the Narthex wall during February Mission month. Each person is invited to create a simple 9-patch square. Squares are 7.5 inches with 3 smaller (2.5 inch) squares across and 3 down. One square needs to have your name. The other 8 will illustrate your mission work with either words, drawings or cut-out pictures pasted in them. You may use more than one square for a particular ministry. Have fun with this! Maybe you sing your message, so put a note or two in a square. What might represent your help with the Food Pantry? Or other volunteer work? How might you show your work with children or youth? Think of what you do locally, nationally and around the world. There are many "right" ways to do this, and no wrong way.

These squares can be made at home and dropped in the basket at church or look for opportunities to make one during coffee hour during the month of February. If you have questions, call Laura Spurrell at 503-692-7034.



# IN THE NEWS

To Clap or not to Clap...

I love TPC! I love how we embrace diversity and are so open to a variety of expression in our faith! We look for ways to allow unique experience and understanding. We are a tolerant and open group.

We are also an affirming group. As both a member of the vocal choir and the director the bell choir, I can say without hesitation that you give kudos with regularity! I'm so grateful to be a part of a congregation that gives praises liberally! One of the ways you, as a group, say "thank you" is by putting your hands together and clapping. We, who are the musicians of the church, hear that and know you're thanking us and it can be very heartwarming to us. However, it can be disappointing to us, depending on what we're trying to accomplish with any given piece of music. Here's what I mean...

Our goal, as church musicians, is not to draw attention to ourselves, it is to put you in touch with an experience of the Holy. Sometimes our music points to God's lighter side: the playfulness and joyfulness found in our relationship to God. This would be a more "bouncy" piece of music, like a gospel number or a bluesy jazz piece. It's the kind that makes you instinctively happy and brings forth a longing to express that happiness. When that upbeat music produces an upbeat worship experience, then an "upbeat" expression, like clapping would be very appropriate. It's your way of saying "I agree, my faith experience is joyful right now."

Sometimes, though, we try and take you to a more quiet, reflective place. This kind of music is usually more soft tender, meditative and is meant to put you into a quiet experience of God. A couple of weeks ago a congregant approached me a few days after worship and told me that the music had moved her to a "thin place." That's a term for moments when the division between our tangible world and the intangible is so "thin" that we experience the Sacred

directly. Unfortunately, this congregant reported being jarred out of that reverie by clapping, despite the music having been contemplative in nature. The clapping was disruptive to her worship experience because it wasn't in keeping with what had preceded it, nor with the experience the choir hoped to invoke with that particular piece of music. There are times we know we've done a good job ONLY when you don't clap because you're moved to such a reverential space.

Please keep thanking us when we enrich your worship. But also, please know that, when we sing, we're not doing it to point to ourselves, but to point to God. And, when a piece of music calls for it, keep clapping! Let your response in worship reflect your experience of God through the music.

Martha Wilson

## THEY'RE BACK!

On Sunday, January 9 Charlie and Edda Brown worshipped with us again, following their return to Oregon from France and we celebrated with cake! Charlie and Edda, we're so glad to have you back in our midst!



Thanks to Marian Smith for the photograph of the lovely and memorable cake.

# WHAT'S GOING ON

## **Starlight Symphony presents Spotlight on Ensembles Sunday, January 30 at 7 pm at TPC**

Jeni Wiggers is a member of this symphony orchestra which sometimes rehearses here at TPC. For this reason, they have given us 30 complimentary tickets to their upcoming concert; the tickets are on the tower in the Narthex. First come, first served. The program will feature Bach, Strauss, Halbert, Haufrecht, Vivaldi and Liszt. Once these tickets are gone, general admission is \$10, seniors over 60 and college students are \$7. Individuals 18 years of age and younger are free. For more information about this orchestra, go to their website at [www.starlightsymphony.us](http://www.starlightsymphony.us).

## **UPCOMING FELLOWSHIP EVENTS**

**Sunday, January 30th After Worship Potluck**  
What could be better than good food shared with good friends?

**Saturday, February 12th at 6 pm...Family Game Night** at the church. Bring a hearty appetizer or dessert and board and/or card games to share. We will feast while we play. This is a great event for the whole family on what might be a dreary winter night.

**Saturday, March 19th at 7 pm Pinochle Night**  
If you are an expert player, would like to learn, or are somewhere in between, join us at the home of Jack and Dianne Lemmon (21976 SW 107th, Tualatin). We will play both partnership and three-handed pinochle. Bring a snack or dessert to share.

**Sunday, April 17th after worship. Palm Sunday Potluck Brunch and Children's Egg Hunt**

**Sunday, May 15th after worship—Potluck and Talent Show.** You have plenty of time to get your act together! If you are sure you have no talent, we need an audience, so mark your calendar!

## **TPC WOMEN'S ACTIVITIES**

**Saturday, February 19th at 11 a.m. Tour the Sweek House in Tualatin and lunch at Haydens.**

The Sweek house, the big white house behind the hedge at the corner of Tualatin Road and Boones Ferry, behind Haggens, is one of the oldest houses in Tualatin. Long-time owner Althea Pratt-Broome has graciously agreed to give us a tour and share her knowledge of local history with us. The tour will take about an hour and a half. Please sign up on the tower for either the tour and lunch, or just the tour, or just the lunch. We will make lunch reservations for 12:45 and will need a head count.

**Saturday, May 7th at noon, Mad Hatter Tea** Dust off your best spring bonnet and join us for high tea. Do you not have a hat? We will have some for you to borrow.

## **MISSION EVENTS**


**It's coming on Sunday, February 6th—"Super-bowl Sunday"!** Got your game hat handy? Great! The Mission Committee has a pre-game event for you. We are kicking off "Souper-bowl" Sunday on February 6th. The goal is to exceed the highest previous score of 150 pounds of food and paper products donated by TPC to the Food Pantry on a single Sunday. There will be boxes in the Narthex for the receivers to fill. So let's make it a memorable Sunday and give an assist to those in need—oh, and by the way, no roughing up the QB.

**GREAT NEWS!** The Essential Health Clinic has reopened its Tigard location. The clinic serves both the uninsured and the under-insured with medical needs. There is no cost to the recipient or the tax payers; everything is covered by donations.

Area churches are asked to provide the evening meal for 12-15 adult volunteers. TPC's first night is **Wednesday, February 9th**. Please sign-up on the bulletin board in the Narthex. If you have questions, please contact Joan Nardi. Thanks for your continued support of this vital ministry.



## Logos Youth Group

Our theme coming up on **Sunday 13 February** is Chocolate! Mark your calendars -- SAVE the date! LOGOS begins at **5:00 pm**; the first hour of our program is for youth in grades 3 through 12 and includes Recreation Time and Bible Study. ALL ages are welcome during our second hour when we share a meal tied to our theme, play a short game, then move into the sanctuary for a youth-centered worship service. Questions? Talk to Dr. Craig Bowen. 

## JEFF WEENER'S VOCAL RECITAL Sunday, February 20 at 3 p.m. at TPC

In Jeff's own words...

The recital will be Sunday, February 20th at 3 p.m. in the TPC sanctuary. There will be music from Mozart, Leoncavallo, Handel, Andrew Lloyd Webber and Schubert to name a few. I will be joined by Denise Collins and Meg Lewis-Price for some wonderful duets. We will be accompanied on piano by Dr. Ron Fabbro and Dr. David Kelly (my voice teacher). And we're planning a reception to follow.

It is one of my life goals to become a good singer-performer. As an engineer, music helps me to balance art and the technical side of life. With good music, technique and emotion work so closely together to touch others. It is also a good place for me to get over my incredible stage fright. Strengthening my courage muscle is proving difficult, but helpful in other areas of life, too.

I would be very happy to have my church family come and celebrate good music with me.

## INTERESTED IN WALKING A HALF MARATHON IN JULY?

A lot of training goes into preparing for an event like this. Half of the fun will be in working together to meet this goal. If you're interested, sign-up on the tower in the Narthex. If you want to walk without walking the half marathon, sign up as well. We can all walk together. First scheduled walk is **8 am on Saturday, January 29**. Meet in the church parking lot.

## CALLING ALL BACKPACKERS

Anyone interested in being part of a TPC backpacking trip this summer, come to an informational meeting downstairs in the adult education room on **Sunday, February 27th** after worship. Novices and children accompanied by an adult are welcome.

## Healthy Hint

Dianne Lemmon, Parish Nurse

"Falls are one of the most common health problems experienced by older adults and are a common cause of losing functional independence. Given their frequency and consequences, falls are as serious a health problem for older persons as heart attacks and strokes," guideline panel co-chair Dr. Mary Tinetti, of Yale university School of Medicine, said in a journal news release.

Doctors and other health professionals should ask older patients if they have fallen recently or if they are unsteady when they walk. If so, health providers should assess patients for problems such as muscle weakness, poor balance or a significant drop in blood pressure when the patient stands. If they have any of these problems, then older adults should receive the interventions outlined in the guidelines. These include:

- Exercises to improve balance, gait and strength, such as Tai Chi or physical therapy.
- Making changes to reduce the risk of falls in the home and while doing daily activities.
- Reduction of medications, particularly those that affect the brain, such as antidepressants and sleep drugs.
- Boosting low blood pressure and managing heart rate and rhythm abnormalities.

"We found that the most effective trials for preventing falls in older people looked at multiple interventions rather than just one; previous studies have indicated that it is more effective to focus on one intervention, but because we looked at not only what recommendations were given, but also which ones were carried out, we're confident that multifactorial interventions is the best course of action," Tinetti said.

## LOVING STITCHES

A child doesn't have to be sick to be given one of the blankets lovingly created for Project Linus, as this letter describes.

To the compassionate folks at Project Linus: I am a trauma intervention volunteer and had the occasion today to give one of your beautiful blankets to a 7-year old girl whose brother had just died. The blanket was a warm and caring hug for this little girl suffering such a huge loss and getting lost amidst the adult grief and chaos.

Thank you, Project Linus, for making your blankets available to our volunteers. And especially thanks to the person who made this blanket.

Your blessing are many and they will be appreciated for days to come.

Contact Shirley Schultz for information...503-625-9810, or Karlschult@aol.com

**Another thank you from the Janus Youth Programs:** "Thank you so much for your continued generosity and support of our program. Your donation of hats, gloves, scarves and socks help so many, many people. Thanks again!" Janet

**Thank you from the American Red Cross** for hosting the blood drive on Friday, January 14. At the end of the evening there were 32 good units that could help to save 66 lives! Scott Cameron, you rock! Thanks to everyone who helped with this drive...donors, volunteers and cookie bakers all!!!

## TPC DECEMBER COOKIE SALE

The mission-sponsored December cookie sale netted \$350 which was donated to Quiet Waters Outreach, the parent organization of Tuesdays Treasures. We received the following thank you.

Dear friends of TPC,  
Thank you for generously sharing your resources to bless our ministry. It's amazing to see Jesus reflected through your members involved with Tuesday Treasure nights and other special projects for people with disabilities. Thank you for joining us in furthering His Kingdom. May God bless you in 2011.  
Steven Ristow.

## Presbytery of the Cascades Leadership Fair Offers Best Bargain Around

QUESTIONS: Where can you—

- Hear a nationally known keynote speaker on the new thing God is doing with church?
- Attend two timely, high-quality workshops to help you in your role at church and in your personal life?
- Enjoy a wonderful lunch and
- Make connections with fellow Presbyterians—all for \$20?

ANSWER: The Cascades Leadership Fair, slated for Saturday, February 26 from 8:30 am to 3 pm at First Presbyterian Church, 4300 Main Street in Vancouver, WA.

The keynote speaker, Anthony Robinson, who describes himself as a Northwesterner "by birth and heart," is a noted author, preacher and speaker. He is the author of nine books and is working on two more. His most recent, *Changing the Conversation: A Third Way for Congregations*, was published in 2008. He is a graduate of Willamette University and has a Master's degree in European Cultural and Intellectual History from the U of O. His Master of Divinity degree is from Union Theological Seminary. Robinson is an ordained minister in the United Church of Christ.

This Leadership Fair is designed for church staff, musicians, volunteer leaders and congregation members. Workshops (each person can attend two) include a study of Biblical models of leadership, social networking, partnering for mission, choir development, appreciative inquiry, and using PowerPoint in worship. There are also special sessions for Elders, Deacons and clerks of session.

For more information, or to register, visit the website [www.cascadespresbytery.org](http://www.cascadespresbytery.org) or contact Dawn Champoux, 1-800-926-3223 or [dawnc@cascadespresbytery.org](mailto:dawnc@cascadespresbytery.org). Registration deadline is February 18.

## **TPC PER CAPITA EXPENSE** **\$22.90 for each member**

Each year Tualatin Presbyterian Church pays a per capita fee for each person on our membership roster. For 2011 we mailed a check to Presbytery for \$5,633.40 to cover our total annual per capita expense.

The individual fee for each member is \$22.90. Of that amount \$6.50 goes to The General Assembly, \$5.17 goes to The Synod Of The Pacific, and \$11.23 goes to The Presbytery of the Cascades.

Specifically how are these funds spent? The Stated Clerk of the Presbytery of the Cascades provides the following explanation.

Funds raised through the presbytery per capita pay the administrative budget of the presbytery, which includes: the expenses of having presbytery meetings, the expenses of the meetings and work of the presbytery council, meeting expenses of committees, special investigating committees, judicial process, and administrative commissions, telephone, postage, office space rental, equipment and maintenance, office supplies and printing, the annual audit of presbytery finances, insurance, legal fees, the presbytery directory, and the work of The Office Of The Stated Clerk (including compensation and expenses for the clerk and her administrative assistant).

The per capita for Synod and General Assembly pays for the administrative structure of our denomination and allows for participation of persons from large and small churches from all areas of the church, thus making our representative form of government possible. It means also that dollars given for mission are used to fund mission projects and work rather than paying for administrative "overhead".

Of note is that the Presbytery is obliged to remit the General Assembly and Synod per capita apportionments whether or not it receives pre capita payments from congregations.

## **CHURCH NUTS AND BOLTS**

Please close all downstairs doors when not in use. We are required to do so in accordance with fire codes.

Also, when finished in the kitchen please pull down the accordion style divider over the counter.

And last one out of the building, please make sure the doors are locked.

Norm Dannemiller, Building & Grounds Elder

## **CURRENT CHURCH DIRECTORIES**

are available on the small table to the right as you enter the office. Help yourself to an updated copy.

## **CAN'T FIND A DISH OR SERVING PLATTER?**

Please check the table in the Narthex for left-behind dishes and take home any that belong to you. Thanks.

## **MISSING A JACKET OR COAT?**

There are several jackets and coats on the rack in the hallway leading to the restrooms. Some have been there since October. Please take any that belong to you. Those remaining after Valentine's Day will be given to Goodwill.



## **FEBRUARY BIRTHDAYS**

2	Daylene Long	20	Shirley Schultz
3	Rhoda Friesen	20	Craig Bowen
7	Dale MacHaffie	20	Arielle Mazzuca
9	Lynne Winkler	21	Chip Kyle
11	Tom Hahn	22	Alexandria Winslow
12	Marc Olson	23	Brian Locke
14	Hannah Hynson	24	Lynne Bolton
16	Alexis Holland	24	Scott Mitchell
17	Skyler Stevenson	25	Cathy Chase
18	Terri Mitchell	28	Adam Kinyon
19	Mary Ortez		



Tualatin Presbyterian Church  
9230 SW Siletz Drive  
Tualatin, OR 97062-9182



**TUALATIN PRESBYTERIAN CHURCH**

9230 SW Siletz Drive, Tualatin, OR 97062

**The Rev. Ken Evers-Hood**

**Phone:** 503-692-4160

**Web Address:** [www.tpcspirit.org](http://www.tpcspirit.org) We're also on Facebook.

**Worship Service – Sundays at 10:30 a.m.**

**Elders:** Randy Beyer, Craig Bowen, Barb Crall, Norm Dannemiller, Chip Kyle, Joan Nardi, Adele Pelletier, Craig Walker and Katrina Weener.

**Deacons:** Susan Fee, Carolyn Hale, Barbara Harriman, Ted Lambeth, Jack Lemmon, Carolyn Locke, Robyn MacKay, Sherry Nelson, Bob Nix, Mary Ortez, Bill Smiley, and Jeni Wiggers

**Treasurer:** Scott Mitchell  
e-mail: [treasurer@tpcspirit.org](mailto:treasurer@tpcspirit.org)

**Music Director:** Kris Sparks  
e-mail: [music.director@tpcspirit.org](mailto:music.director@tpcspirit.org)

**Acting Clerk of Session:** Carolyn Barker  
Email: [carolynjbarker@mac.com](mailto:carolynjbarker@mac.com)

**Bell Choir Director:** Martha Wilson  
e-mail: [bells@tpcspirit.org](mailto:bells@tpcspirit.org)

**Webmaster:** Melissa Evers-Hood  
e-mail: [webmaster@tpcspirit.org](mailto:webmaster@tpcspirit.org)

**Music Accompanist:** Dr. Ron Fabbro

**Art Director:** Ellen VanSchoiack

**Bereavement Committee:** Pam Cameron

**Newsletter Editor:** Susan Springer  
e-mail: [newsletter@tpcspirit.org](mailto:newsletter@tpcspirit.org)

**Wedding Coordinator:** Stacy Mauer

**Administrative Assistants:** Rhoda Friesen and Susan Springer  
e-mail: [rhoda@tpcspirit.org](mailto:rhoda@tpcspirit.org) [susan@tpcspirit.org](mailto:susan@tpcspirit.org)

**Church Office Hours**

Monday – Thursday: 9:00 a.m.– 3:00 p.m., Friday – 9:00 a.m. to noon