

## A NOTE FROM PASTOR KEN

Who likes to be told no? Who wants to find out they have to do more with less? Who enjoys constraints?

Fascinatingly, in *A Beautiful Constraint: How to Transform Your Limitations into Advantages and Why It's Everyone's Business*, authors Adam Morgan and Mark Barden argue constraints are a blessing rather than a curse.

Constraints, which they define as “a limitation...that materially affects our ability to do something,” come in four flavors. There are foundational constraints, where an organization lacks something most people believe is fundamental to success. There are resource constraints where people or money are lacking. Time is the third constraint, and I think everybody knows something about that one. Finally there is a method constraint, where we are limited by having to do something in a certain way.

Before Zappos very few people believed anyone would want to buy shoes you can't try on and feel on your feet. But due their incredible customer service, free shipping, and free returns, Zappos turned a foundational constraint into a flourishing organization. I didn't realize this, but Southwest started out with four planes back in the 1970's. Then, they had to sell one of them, causing a severe resource constraint. Their desire to do more with less is what spurred them to innovate and come up with their unique unallocated seating plan. That innovation allowed them to prepare a plane in ten minutes compared to the hour it took all the other airlines. That, plus their sense of fun, made Southwest incredibly successful. A company I have never heard of, Aravind, had the ambition of offering quality eye surgery to poor Indians. To accomplish this Aravind had to find a different method to distribute care. Aravind's founder developed a surgical assembly-line modeled after McDonalds of all places. The efficiency Aravind achieved allowed the company to carry out an enormous number of operations at a thousandth of the cost and with a fraction of the complications seen in traditional hospital models.

*A Beautiful Constraint* is a business book, but it's easy to see the principle in action throughout the scriptures. The story of creation is a story of God creating constraints, separating day from night, water from land, and so on. These lines being drawn against the free-for-all of chaos creates the conditions for radical diversity to emerge. The people are forged by constraints. The Jewish people are known by their adherence to the law, a set of constraints freeing them for service. Even Christians with a less positive view of the law still lift up the ten commandments as a faithful way to live together as a people. The Apostle Paul, being constrained by being only one person, had to find ways to communicate to the various communities he helped start. His solution: letters. Paul's letters represent the earliest material in the New Testament and give us a vital glimpse into the formation of the early church.

Constraints are easy to identify in our lives, too. The signs of the great Snowpocalypse are still melting in the church parking lot as I write this. The snow brought a massive constraint to us. Schools were cancelled. Businesses closed. We were unable to worship together on Sunday, January 8<sup>th</sup>. As some of you know from my social media whining, I found the constraints offered by the snow to be anything but beautiful after the first few days. And yet, as I look back, the snow forced me that Sunday morning we couldn't hold worship to do something I had never before considered: broadcast morning prayer using Facebook Live. I honestly thought it would be easier than it was, but in the end I figured it out. And we reached way more people than I would have ever guessed, leading me to ponder a regular vespers service or some other possibility.

And I'm left wondering about you. What are the constraints in your own life? And if, like me, you initially find these constraints a burden, I wonder if, with some effort and creativity, there might be a way of reframing what might appear at first to be a limiting curse as something that could lead to a legitimate blessing?





## ROB WIESENTHAL

Let's meet Rob Wiesenthal! He was adopted by Margie and Bob Wiesenthal as an infant in 1972. He was raised in Wheaton and Glen Ellyn, Illinois, where he lived from birth to 2008. Sister Jill was born to Margie and Bob a couple years after Rob. She is married to Ben, and they have two children, Sam and Sophia. Rob is a very proud uncle. His parents, now retired, have backgrounds in education and law. His mom was an educator and his dad was a lawyer. They were both active in their church in Illinois and are currently involved at a church here in Oregon.

Rob went to community college in Glen Ellyn, and graduated with a Bachelor's degree in Political Science from Hope College, a liberal arts college in Holland, Michigan. He's always been excited about politics, and couldn't wait to vote at the age of 18. As a self-described, liberal, progressive, Democrat, he's been involved in lots of campaigns. He started with US Senator Paul Simon (a native Oregonian from Eugene) back in 1990 in Illinois. (Same year he attended a Paul Simon concert!) He got involved with a young, Illinois State Senator, Barack Obama, when Obama was running for US Senator in 2004. The photo above was taken that summer.

In addition to an avid interest in world politics, Rob is adamant about animal rights and the welfare of our environment, hence his email address: [animalsrightsliberalgkuq@...](mailto:animalsrightsliberalgkuq@...) He's a member of the Audubon Society, National Wildlife Federation, and a previous member of Aktion Club ("k" for Kiwanis) in Illinois.

Rob loves soccer and sports statistics, especially baseball. He collects trading cards, political pins, bumper stickers, and coins from all over the world. Ask him; he can name nearly every nickname and

mascot for every women's and men's team in the United States and Canada.

Early in his career, he mowed lawns. Mostly after graduating from college, he worked for Bon Ap-pétit, one of the food services at Wheaton College. Briefly, he was employed by its dining services predecessor on the same campus. He also volunteered at a computer class, that eventually led to paid office work. He currently volunteers at Marquis Care in Wilsonville, in their Activities Program. He also works at the Wilsonville Fred Meyer in the Home and Garden departments.

In 2005, Rob was working at a nonprofit greenhouse, where he met his lady, Ashley. Ask Rob about Ashley and his smile and twinkle in his eyes are a complete answer. She lives in Illinois, but they communicate all the time through FB and video calls. Joseph and other friends in Chicagoland remain very close people in Rob's life.

I really got to know Rob through Tuesday Treasures, a TPC sponsored program run by Carolyn Locke. After moving to Oregon in 2008 (first Lake Grove and then Charbonneau), Rob scouted around for programs to get involved in. He found Quiet Waters Outreach. He attended Treasures programs at Sunset Presbyterian Church first. He attended Tuesday Treasures at TPC and met Erik and Laura Spurrell. He eventually decided on the program at TPC.

He loves TPC because it is the right size of church, he doesn't feel overwhelmed, and loves being part of our family. As he says, "people really make the church."

And now for his "family". He's had mice, hamsters, guinea pigs, gerbils, hermit crabs, fish, turtles, snails, lizards, and parakeets over his lifetime. His passions include every rodent and bird imaginable. His current pet is a gerbil named BJ2. When asked what the name stands for, the answer, of course. Barack Joe 2 (2 because his earlier gerbil was "BJ"). Barack Obama and Joe Biden have obviously meant a lot to this man.

I love that Rob is part of our congregation, and is a member of my parish. My life is enriched by his positive and upbeat attitude to life. Thank you, Rob. It's an honor to know you!

Jackie Norman, Deacon, Parish 2

## UPCOMING EVENTS...

### **ADULT EDGE 8:30 on Sunday mornings**

Now through March the Adult Edge class is studying and discussing the book, "The Muslim Next Door." John Casebeer Adult Education Elder

### **MISSION I ♥♥ Mission!**

February is Mission Month at TPC and we can't wait to share in the missions of each and every member of our community. Look forward to these opportunities...

**February 12<sup>th</sup>** Dr. Craig Bowen shares his experiences from his mission trip to Africa. TPC raised over \$6,000 to purchase equipment and supplies for Dr. Bowen and his students to provide eye care for the people of Tanzania. Let's see what they did with it!

**February 19<sup>th</sup>** is I ♥ Mission day! Tell us what Mission YOU love. We'll 'label' ourselves and have a chance to see and hear about the variety of missions at TPC.

**February 26<sup>th</sup>** we'll celebrate our Generous Community. After worship, use your Passport to Mission to connect with the amazing TPC 'missionaries' while munching on a special treat.

### **YOUTH AND FAMILY MINISTRY**

**Fri., Jan 27 High School Youth Group** - Kaity Olsen in performing in Macbeth at Lake Oswego High School Black Box at 7 pm

**Sat., Jan. 28 - High School Youth Group** - Volunteer at the Tualatin Food Pantry 8 to 10 am.

**Sun., Jan., 29 - Primary and Middle School Youth Group** - Monica Gibson is performing in Shrek the Musical at Tualatin High School, 2 pm.

**Sat., Feb. 11 - High School Youth Group** - ski trip to Mt. Hood

**Sat., Feb. 25 - High School Youth Group** - Volunteer at Tualatin Food Pantry 8 to 10 am

**Sat., Feb 25 - Primary and Middle School Youth Group** - Church lock-in, 8 pm to 8 am.



### **Saturday, January 28th, 6 to 9 pm**

Adult Youth Group Fellowship Dinner  
The TPC Adult (Youth) Group attendees will venture out to North Portland to enjoy some amazing Ethiopian-Eritrean food and fellowship.

We'll meet at TPC around 6 p.m., break-up into carpools and then drive to E-Njoni Café located at 910 N. Killingsworth Street, Portland, 97217.

If you would like to go with the group, please let Sarah Back know by Friday, January 27. She can be emailed at [sarah@tpcspirit.org](mailto:sarah@tpcspirit.org).

### **Thursday, February 2, 6:15 to 9 pm**

You are invited to attend the screening of the award winning documentary "A Walk to Beautiful" at the Lorenzen Conference Center at Legacy Emanuel Hospital, 2801 N. Gantenbein Ave., Portland. There is no cost to attend. Popcorn from Poplandia Popcorn and other snacks will be provided at the event.

Medical Teams International will show the documentary film "A Walk to Beautiful," a powerful story of healing and hope for women in Ethiopia devastated by childbirth injuries. The film follows the lives of 5 Ethiopian women who suffer from obstetric fistula. After the film there will be a discussion with the guest speaker, Dr. Rahel Nardos, MD. Rahel was born and raised in Addis Ababa, Ethiopia. A Yale School of Medicine graduate, she completed her residency in obstetrics-gynecology at Washington University in St. Louis. Currently Dr. Nardos holds joint positions: Urogynecologist at Kaiser Permanente Northwest and Assistant Professor in Research at Oregon Health and Science University/Kaiser Permanente.

If you wish to attend this film screening and discussion, please let Sarah Beck know by Tuesday, January 31. Email Sarah at [sarah@tpcspirit.org](mailto:sarah@tpcspirit.org).

## SOUPER BOWL SUNDAY

The Deacons are sponsoring a *Souper Bowl* soup drive in support of the Tualatin Food Pantry. Please bring cans of soup to the church on Sunday, February 5<sup>th</sup>. The cans will be collected and taken to the pantry for distribution in our community. You may not be able to affect the outcome of the Super Bowl, but you can have a major impact on hunger in our area. Please support this soup drive and help make a difference. One can, or a case, all donations are vital, needed and appreciated.

The TPC Deacon Team

## WOMEN'S MINISTRY HAPPENINGS

**Saturday, February 11th** brings a rare opportunity for us to hear Janis Miglas, photojournalist, present *Africa's Undiscovered Myths*. His presentation documents the stories of Africa's most remote indigenous tribes from descriptions by chiefs, shamans, witch doctors and tribal elders.

### Women's Retreat

**Saturday, March 18 9am to 3 pm**

**Alton Collins Retreat Center**

**Speaker - Jennifer Grace Bird - Faithful Sisterhood - Responding to Cultural Turmoil**

Sign up with Carolyn Barker or Judy Nix in the narthex before or after church - \$35 fee includes lunch and snacks; time together, priceless.

### Tualatin Preschool Auction and Dinner Saturday, March 11<sup>th</sup>, 5:30-7:30 pm at TPC



Today a Reader, Tomorrow a Leader – Investing in the future of our preschoolers! Be part of something amazing. Join us for a fun and memorable experience that benefits the children in our community! Enjoy a spaghetti dinner and an Italian Soda Bar.

Delight in a raffle and bid on many wonderful items such as theme tickets, event tickets, and a wine tasting at Willamette Vineyards! Adore our Preschool students as they perform three songs and connect with families in your community! Tickets are \$15 for adults, kids 6 years and older \$5, kids under 6 are free. All tickets include dinner, a drink coupon, performance and silent auction. Bring the whole family for fun and good will! For more information, tickets or to make a donation to the auction, contact Kristin Mansfield: [auction@tualatinvalleypreschool.org](mailto:auction@tualatinvalleypreschool.org) or (541) 517-9905. (This preschool meets downstairs at TPC.)



Barbara Kerr would like to thank the folks of TPC for all their prayers, meals, and cards during her recuperation. They have meant more than words can say. Thank you.



## RED CROSS BLOOD DRIVE

Tuesday, January 24, 2017

Letter to Scott Cameron from Jean Reger, Account Manager for Am. Red Cross Blood Services:

Scott,

Thank you for everything you did to ensure the success of TPC's blood drive. The results were phenomenal. The drive had 38 presenting donors and just 1 deferral. The donation collection goal was 27 units of whole blood and 6 double red units. We blasted those goals collecting 33 units of whole blood and 8 double red units

Those great results come at a time of critical need. The original goal would have served up to 87 patients. The donations collected will increase that up to 107 patients. Please extend our sincere appreciation to all who participated in the drive. The volunteers did an excellent job of making the donors feel welcomed and appreciated. Please let me know how things went from your end. I appreciate any feedback. We look forward to returning for the church's fall drive. (Date TBD.)

Thank you again for your support and partnership; it is deeply appreciated.



## STEPHEN MINISTRY

Training has started for our 12 Stephen Minister candidates. Members of this first class of Stephen Ministers are:

Trish Ames, Bud Bender, Larry

**STEPHEN MINISTRY** Church, Eileen Eakins, Annica Gage, Jean Martin, Jackie Norman, Carol Rhodes, Beth Schulke, Nancy Wilcox, Melinda Woods, and Herb Zachow.

THANK YOU to all twelve of you for your willingness to train and serve in this important ministry.

## COMPASSION INT'L SPONSORED CHILD



Here is a recent letter from Sarah, the girl we sponsor in Uganda:

"Greetings to you in the name of our Lord and Savior Jesus Christ,

How is there? I thank God for keeping me. I pray for you day and night.

In my home I like helping my grandparents in home activities like cooking food and fetching water. At home I like to eat green vegetables. At home my grandparents are working together.

At school I like playing with my friends so much. I do not get tired of playing. At school I like playing net ball. At school I like English and science. In English we learn about hotels and in science we learn about types of latrines. At school I like my teachers and my friends. At school my teachers give me home work. At school I like sharing with others.

What do I help you to pray for? May almighty God bless you. Thank you.

Your lovely friend, Sarah"

Through Compassion International TPC sponsors Sarah in Uganda and Estalin in Ecuador.

Carolyn Locke, Mission Team Member



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## PROJECT LINUS

The Portland/Vancouver Project Linus chapter, including the Red Cross, are the national organizations that meet once a month at TPC.

Over the last 16 years, our Project Linus chapter has given 47,543 blankets to children who are traumatized, seriously ill or in need of a new comfort blanket! The blankets are knitted, crocheted, or sewn out of fleece, or flannel, made by volunteers – including youth groups as service projects, church groups like our Loving Stitches, Girl Scouts, and at Expos and fairs.

In January, we gave a total of 1070 blankets to the following groups: Evergreen Memorial Gardens, Salmon Creek NICU, Doernbecher Children's Hospital, various DSHS offices, Randall Hospital, CARES NW, and Innovative Services NW.

We meet the 1<sup>st</sup> Thursday of each month from 10 am to 2 pm in the narthex. Come join us on-February 2<sup>nd</sup> to help, as needed, process the blankets for delivery. If you have questions, please call Shirley Schultz: 503-625-9810.

## SUNDAY SCHOOL

Due to snowy weather conditions, Sunday School was cancelled the first two weeks of January. On Sunday, January 22, Christina Robertson began the New Year with Parable of the Good Shepherd around the camp fire. Matthew 18:12-14, Luke 15:1-7 and supplemental: Psalm 23 and John 10.

Then the children were challenged with creating a picture of a sheep using self-expression.



## UPDATING TPC

Sarah Beck began painting a new mural in the Adult Edge room two weeks ago. She will continue to work on the mural in February.





**PAUL  
FUKASAWA'S  
GARDEN**

Summer vegetable sales at TPC this past summer brought in \$1823! Thank you to

EVERYONE who purchased vegetables.

Paul's 2016 seeds and garden supplies were paid for by Dan and Sue Ann Peters, so all the proceeds from the vegetable sales could go into the youth mission trip fund. Thank you Dan and Sue.

Paul is about to order seeds for this year. He wonders if anyone would be willing to plant winter squash, pumpkins and gourds in their yard for fall harvesting. (Paul doesn't have enough space in his yard.) Paul will provide the plants and instructions. If you're interested, please let Paul know.

**HIGHLIGHTS**

**JANUARY SESSION MEETING 1/17/2017  
CONGREGATIONAL MEETING 1/22/2017**

***Session Meeting:***

Amid the wintery weather, the January Session meeting was held, as scheduled, via the first ever Session Teleconference Meeting. Session transacted a number of beginning-of-the-year pieces of business, approving the following:

- The 2017 General Fund budget.
- Pastoral Terms of Call for presentation for Congregation's approval.
- The 2017 Session Calendar.
- The Building Usage schedule.
- Elected Oregon Corporate officers,  
President: Judy Nix and Secretary: Rick Crall.
- Renewed lease with Rios De Agua Viva for six months.

***Congregational Meeting:***

The 2016 TPC Annual Report was distributed. The 2017 General Fund budget was presented, and the congregation voted to approve the 2017 Terms of Call for the Rev. Dr. Ken Evers-Hood. The Nominating Committee members elected to office for 2017 were **Elders: Cathy Lambeth, Emily Ricker, Deacon: Pamela White, Members at Large: Eileen Eakins, Rene'e James, Liz Belz-Templeman, and Marshall Watkins.**

The above information has been compiled from meeting minutes. Complete copies of minutes and reports are available in the church office.

Rick Crall, Clerk of Session

**FURNACE UPDATE - Why no heat 1/15/17?**

Greg Owen, our Building and Grounds Elder, reports that the gas regulator on the roof top air handling unit iced up preventing gas from flowing. He says "It's real simple, no gas = no heat." Thankfully the problem was easy to resolve.

**CHURCH HISTORY**

Thirty-two years ago, on February 17, Tualatin Presbyterian Church was chartered; TPC became an organized congregation on that day.

**FEBRUARY BIRTHDAYS**

- |                   |                       |
|-------------------|-----------------------|
| 01-John Martin    | 17-Johnathan Tracy    |
| 02-Macy James     | 19-Mary Ortez         |
| 02-Daylene Long   | 20-Craig Bowen        |
| 03-Rhoda Friesen  | 20-Arielle Mazzuca    |
| 07-Dale MacHaffie | 20-Shirley Schultz    |
| 08-Ken Ball       | 21-Chip Kyle          |
| 09-Lynne Winkler  | 22-Alexandria Winslow |
| 11-Tom Hahn       | 23-Brian Locke        |
| 11-Jason Love     | 24-Lynn Bolton        |
| 12-Marc Olson     | 25-Cathy Chase        |
| 16-Alexis Holland | 28-Adam Kinyon        |
| 16-Keith Taylor   |                       |

**2017 PER CAPITA**

Member congregations to the Presbyterian Church are required to contribute to the costs of holding General Assembly, as well as other administrative costs of the presbytery and for Synod. Some member churches are able to send delegates to the General Assembly meeting that might not otherwise be able to attend without this support. This year's assessment is \$31.43 per member; TPC's 2017 assessment was \$9,335. These funds support our governance structure. While TPC is required to pay this assessment, individual TPC members are not. Many congregation members request this information so they can contribute toward their individual assessment. Payments can be left in the office, offertory plate or made online

<http://tpcspirit.org/> Maureen Wolf, Elder

**FINANCIAL NUMBERS THRU DEC. 2016**

2016 FINANCIALS	Actuals	Budget	Dollar Difference
Operating Income Year to Date 12/31/16	\$380,628	\$369,636	\$10,992
Operating Expenses Year to Date 12/31/16	\$362,090	\$369,635	\$7,545

# TUALATIN PRESBYTERIAN CHURCH CALENDAR

For the latest calendar updates, go to [www.tpcspirit.org](http://www.tpcspirit.org) and click on About Us, then select Calendar from the drop-down menu..

## FEBRUARY, 2017

Sun	Mon	Tues	Wed	Thu	Fri	Sat
			<b>1</b> 7:15 pm Choir rehearsal	<b>2</b> 7 pm Bell Choir Rehearsal	<b>3</b>	<b>4</b>
<b>5</b> 8:30 am Adult Edge 10:00 Worship Sunday School	<b>6</b>	<b>7</b> 7 pm Stephen Ministry training (N)	<b>8</b> 10 a.m. Loving Stitches  7:15 pm Choir Rehearsal	<b>9</b> 7 pm Bell Choir Rehearsal	<b>10</b>	<b>11</b> 10:30 am Women's Ministry Group  H.S. Youth Group Ski trip to Mt. Hood
<b>12</b> 8:30 am Adult Edge 10:00 Worship Sunday School	<b>13</b> 7 pm Deacon meeting	<b>14</b> Valentine's Day  No Stephen Ministry Training Class	<b>15</b> 7:15 pm Choir Rehearsal	<b>16</b> 7 pm Bell Choir Rehearsal	<b>17</b> 32nd Anniversary of the Chartering of TPC	<b>18</b>
<b>19</b> 8:30 am Adult Edge 10:00 Worship Sunday School	<b>20</b>	<b>21</b> 7 pm Tuesday's Treasures 7 pm Session 7 pm Stephen Ministry training	<b>22</b> 10 am Loving Stitches  7:15 Choir Rehearsal	<b>23</b> 7 pm Bell Choir Rehearsal	<b>24</b>	<b>25</b> H.S. Youth Group 8-10 am Volunteer at Food Pantry.  Primary and Middle School lock-in 8 pm to 8 am
<b>26</b> 8:30 am Adult Edge 10:00 Worship Sunday School	<b>27</b>	<b>28</b> 9 am March newsletter deadline  7 pm Stephen Ministry training (N)				

TPC office hours can vary.  
Please call ahead to confirm the office is open.  
Monday, 9 a.m. to noon,  
Tuesday thru Thursday, 9 a.m. to 3 p.m.,  
and Friday, 9 a.m. to noon.

“No one can force us to feel a certain way. While others’ actions may affect us, how we interpret their actions determines our feelings.” Stephen Ministry Training Manual, page 19



9230 SW Siletz Drive  
Tualatin, OR 97062



TUALATIN PRESBYTERIAN CHURCH  
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**Phone:** 503-692-4160 **Email:** [office@tpcspirit.org](mailto:office@tpcspirit.org)  
**Web Address:** [www.tpcspirit.org](http://www.tpcspirit.org) We're also on Facebook.  
**Worship Service – Sundays at 10:00 a.m.**

**Pastor:** The Rev. Dr. Ken Evers-Hood

**Parish Associates:** The Rev. Charlie Brown, The Rev. Dr. Dick Wiggers

**Elders:** Craig Bowen, John Casebeer, Cathy Lambeth, Joan Nardi, Judy Nix, Greg Owen, Emily Ricker and Maureen Wolf

**Deacons:** Jan Bender, Susan Cameron, Russ Carlin, Bob Eddy, Susan Fee, Dianne Lemmon, Deborah Lewis, Bonnie Nord, Jackie Norman, Gina Olson, and Pamela White.

Administrative Assistant: Susan Springer

Financial Assistant: Mike Shiffer

Director of Music Ministries: Dr. David Kelly

Accompanist: Dr. Ron Fabbro

Bell Choir Director: Debbie Ivanov

Director of Youth and Family Ministries: Sarah Beck

Building and Grounds Caretaker: Bob Paetsch

Art Director: Chris Robertson

Bereavement Committee Chair: Barbara Crall

Blood Drive Coordinator: Scott Cameron

Clerk of Session: Rick Crall

Cookie Coordinator: Sue Hayhurst

Membership Coordinator: Jeni Wiggers

Newsletter Editor: Susan Springer

Parish Nurse: Susan Fee

Prayer Chain: Greg Imus

Treasurer: Jennifer Ayers

Tuesdays Treasures Coordinator: Carolyn Locke

Webmaster: John Martin

Wedding Coordinator: Stacy Mauer

**Office hours may vary; call ahead to confirm.**

Monday – 9:00 a.m. to noon, Tuesday through Thursday: 9:00 a.m.– 3:00 p.m., Friday – 9:00 a.m. to noon