

A MESSAGE FROM PASTOR KEN

Dear friends, one of the cultural lies that comforts us the most is the belief that we can be or do anything we want- that our lives are essentially completely up to us. This is something we tell children without even thinking about it. "You can be whatever you want to be when you grow up." And it just isn't true. The reality is we aren't given every gift. We aren't offered every opportunity. We have the bodies we are given. We have the season of life we are living here and now. And yes, we make choices, but the impact of our will is so often very limited in scope. (I can will myself to be a prima ballerina all I like...but toe shoes on a professional stage are probably not in my future. And yes, you're welcome for that image.) I don't write this to be a downer- quite the opposite. When we stop trying to be everything, and focus in on making the best use of the gifts and experience we actually have...that's when life gets really interesting.

And what is true of individuals, in this case, is true of communities. As I've been writing about in the newsletter, our session continues to work with Corey Schlosser-Hall to focus in on who we are and who we sense God calling us to be. And we aren't every church. TPC isn't Saddleback Church or Willow Creek (well known churches anxious congregations are endlessly comparing themselves to) or even the TPC of 24 years ago or 14 years ago when I started. We are beginning to really focus our work now and have landed on three conversations we're going to be having with you and with the Holy Spirit: 1) we're going to continue to shepherd the ministries that are flourishing and on the horizon- especially Family Promise and the Log College grant project focused on our youth; 2) we want to improve how we communicate internally and to our broader community; 3) we want to make sure we are making every effort we can to reach emerging generations such that TPC's ministry continues long into the future and believe that a second worship expression might help us achieve that goal. We also know whatever we do we have to stay faithful to who God has made us to be: an adventurous, buoyant, & generous community.

Here's a poem I wrote back in the fall. A palimpsest is the term for an ancient manuscript that has been written over. Parchment being extremely expensive, when scribes wanted to write something new, they would often simply reuse old fragments. The result are these really interesting palimpsests with multiple stories all etched into them...kind of like us.

Palimpsest

I used to believe I could turn over a new page and become someone new, improved and changed.

*I grew up when every team got a trophy no matter our flaws, losses or weak mediocrity.
Every child was special and could be whatever we wanted to be not knowing we'd be going
into a world so haunted by smallness and fear.*

*In college with one visit to the office of administration I could without frustration effect
a transformation from East Asian studies to classics major with one short form and signature.*

*In an instant without anagnorisis or existential crisis without much of a to do, really
I became someone else, someone entirely new.*

*Now, though, I dimly see through that clearer mirror that I have always been a palimpsest
so obsessed with the shine of new glory I missed how I scratched each new verse onto
the surface of an old stubborn story that refuses to be forgotten much less erased.*

*See, we each have a shape. There's a grain to our wood a warp and weft that defines
what we're made to do and these beautiful constraints aren't binding or blinding but freeing
leading us not to hunger for everything but to feast on this meal to kiss that complicated mouth and dis-
cover what this one body is made to feel.*





Rob Wiesenthal, Deacon, Nikki Martin, Susan Cameron , Deacon

INTRODUCING NIKKI MARTIN

Nikki grew up in the Seattle area. She now lives in Mount Angel, Oregon, with her cat, Sofie. Nikki works in the Seminary at Mount Angel Abbey. She has also worked at Seattle University and George Fox University, and at other times in her life as a flight attendant, bank teller, and in interior design.

Nikki enjoys the outdoors as an avid hiker, backpacker, and climber. She spent many summers in the High Sierras and climbed Mt. Shasta and Mt. Whitney, the highest peak in the lower 48 States. In the Northwest she has climbed Mount Hood, the Middle and South Sisters, Mount Adams, and Three Fingered Jack. Banff and the Canadian Rockies is another favorite area of hers. Until suffering an Achilles tendon injury permanently sidelined her, she was an avid runner for 30 years.

She was baptized and confirmed in the Lutheran Church.

She graduated from Pacific Lutheran University (PLU) in Tacoma, Washington, with degrees in religion and history, with a minor in art history.

Nikki was consecrated as a Deacon in the ELCA (Evangelical Lutheran Church in America) in 1990.

She served as a Deacon at six Lutheran congregations in Oregon and Washington. Responsibilities varied, but included education, youth, fellowship, worship, teaching, preaching, and leading Stephen Ministry. She started Stephen Ministry programs in four congregations before coming to Tualatin Presbyterian Church.

She was trained as a Stephen Leader in 1985 in St. Louis, Missouri, and in 1989 in Berkeley, California.

In addition to Church activities Nikki has been very active at her alma mater, Pacific Lutheran University. She served on the PLU Alumni Board for nine years and has served for six years as a member of the PLU Corporation, the governing body of the University.

Nikki first came to TPC in January, 2015 and became an adherent in April, 2016.

With Pastor Ken, Stephen Ricker, and Susan Springer, Nikki started the Stephen Ministry program at TPC in 2016. The first Stephen Ministry class began in January, 2017, the second class in January, 2019.

Interviewer's Comment: Nikki has been dedicated to service to others throughout her very active life, to her University, and most of all to the Church.

Rob Wiesenthal, Deacon of Parish 7



DAY CENTER OPEN HOUSE

Thursday, March 7, 2019, 1 to 4 p.m.

20425 SW Stafford Road, Tualatin, OR 97062

You are cordially invited to join us for tours of the new Day Center!

We will begin welcoming guests in mid-March.

Many thanks to the hundreds of volunteers and donors who made this day possible. See you there!

www.familypromiseoftv.org



If you haven't had a chance to see the lovely Day Center that so many of you worked on, this is your chance! We are having a very simple Open House with coffee and cookies and all are invited.



TPC will Host Families the Week of MARCH 31-APRIL 7 VOLUNTEERS ARE NEEDED

Derrilyn Bayha and Pam Bowen have been busy getting signups for people to bring meals during that week, the 2 sleepers we need each night, those who want to provide hospitality to the families after dinner (talk with families, read or do a craft with the children), etc. If you have any questions, you can email us at dabayha@mac.com or dcrbow@gmail.com.

If you were unable to attend the training on Feb. 28, please contact Derrilyn Bayha dabayha@mac.com 661-747-8447 or Pam Bowen dcrbow@gmail.com.

FAMILY PROMISE RATED A 4-STAR CHARITY BY CHARITY NAVIGATOR

Note: Charity Navigator is a major charity assessment organization that evaluates charitable organizations in the United States, operating as a free 501(c)(3) organization that accepts no advertising or donations from the organizations it evaluates.

“We are proud to announce Family Promise has earned our sixth consecutive 4-star rating,” said Michael Thatcher, President and CEO of Charity Navigator. “This is our highest possible rating and indicates that your organization adheres to sector best practices and executes its mission in a financially efficient way. Attaining a 4-star rating verifies that Family Promise exceeds industry standards and outperforms most charities in your area of work.”

Working with congregations through a community based response, Family Promise is the leading nonprofit addressing the issue of family homelessness. Through a comprehensive set of solutions involving professional case management, resources and hospitality (meals, safe sleeping accommodations, esteem building), homeless families and their children achieve stabilization and are able to reclaim and maintain their independence. Since inception, Family Promise has served 825,000 people, the majority of whom are children.

NEIGHBORLY

Who are these people who worship with us and live around us, and around TPC? How can we love all these neighbors? Children might start by talking to anyone sitting nearby. On the second and fourth Sunday each month, downstairs until noon, anyone interested in a place where you can sit and talk with others, without judgement or agenda, should come and visit. What used to happen naturally from a front porch has a new NEIGHBORLY address. Hooray. This is a place to practice our humanity in conversation, while getting to know and enjoy our neighbors, which is also called Love. Hope to see you downstairs after worship on **Sunday, March 10 and 24.**

John Casebeer, Story Catching Elder

**WOMEN'S MINISTRY, SATURDAY,
MARCH 16, 10:30 am to noon, Please join us!**



Heidi and Paul

Learn the amazing story of Heidi Kaltura, who was determined to change children's lives by breaking their cycle of poverty. As founder of the

"Peace for Paul" foundation, children gain stability through education, a home and a loving family atmosphere to predominately children of the Karamojong tribe of Uganda.

In honor of *March Madness*, wear your Blazer colors (hint: red and black) and support our hometown team. Please RSPV by signing up in the narthex or responding to the email that will be sent the week before. You may bring a brunch dish (casserole, salad, bread/muffins, fruit) or "feed the kitty." Judy Nix, Communications Coordinator



Valentines for our TPC College Students! The Deacons got together and made Valentine cards for our 19 TPC college students. We added Dove chocolate hearts, gummy bears and skittles to their packages and sent them off! We hope they're all doing well, and want them to know we're always thinking of them. The Deacons



Go Team TPC! It was the best Souper Bowl ever at TPC this year! Many thanks to all of you for bringing cans of hearty soups on Super Bowl Sunday, February 3! We doubled what we brought in last year! Each can provides a meal. The soup was donated to the Tualatin Food Pantry. Let's do it again next year! The Deacons

SHOP AND GIVE!

Tualatin Presbyterian Church is grateful for wonderful partners like Fred Meyer and Amazon. Dollars spent at Fred Meyer and AmazonSmile purchasing items you need can end up supporting TPC as well. If you are frequent flyers at Fred Meyer and/or Amazon, your purchasing power can positively impact TPC! How does this work? Read on.

FRED MEYER

Please visit <https://www.fredmeyer.com> to enroll. Once logged onto the Fred Meyer site, select My Account. Then click on Community Rewards. You will be asked for your organization. Enter either Tualatin Presbyterian Church, or LG896. Click Enroll. (If you don't have a Fred Meyer account, you will need to create one. This requires some basic information, a valid email address and a Fred Meyer rewards card.)

NOTE: For your Fred Meyer purchases to benefit TPC, every time you check out you must swipe your registered Fred Meyer rewards card or use the phone number that is related to your registered Fred Meyer rewards card.

AMAZON SMILE

On your first visit to AmazonSmile (Smile.Amazon.com) you are prompted to select a charitable organization from their list of eligible organizations. Once you've selected TPC, subsequent eligible purchases made on AmazonSmile will benefit TPC.

Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to your designated charity! AmazonSmile is the same Amazon you know. Same products, same prices, same service. Plan ahead for the next big holiday: Easter, on April 21 or Mother's Day, on May 12!

Remember what you can GIVE this Lent rather than what you give up!

Maureen Wolf, Stewardship Elder

MEETING HIGHLIGHTS February 19th Session Meeting

At the Stated Session meeting on February 19th, Session approved the following:

A small but important revision of our employment policies regarding medical leave of absence for serious medical conditions.

A group of five annual documents that provide details of our administration of the annual budget for 2019.

The 2019 Special Presbyterian Offerings of Christmas Joy, One Great Hour of Sharing, Peacemaking, and Pentecost.

The Eagle Project of Andrew MacHaffie for improvements to the Memorial Garden.

The replacement of the oven and range costing approximately \$5,560 from the Narthex Improvement and Capital Improvement funds.

In preparation for the Saturday, Feb. 23 Visioning meeting with Corey Schlosser-Hall, session discussed the three priorities of Shepherding existing programs of Family Promise and the PTS Grant, improving internal and external communication, and the goal of instituting a second worship expression.

The next regular Session meeting will be Tuesday, March 19, 2018.

The above information has been compiled from meeting minutes. Complete copies of minutes and reports are available in the church office.

Rick Crall, Clerk of Session

PER CAPITA AND WHY CONTRIBUTING MATTERS (\$35.50 PER MEMBER)

Per Capita is a fundamental way in which all of the nearly 10,000 congregations of the Presbyterian Church (U.S.A.) connect, participate and share in the work of the wider church. For a detailed description of Per Capita, please review the February newsletter at www.tpcspirit.org

TPC's total per capita cost for 2019 is \$10,828, or \$35.50 per member. Your donation is a tremendous help to our budget. Make contributions payable to TPC (by check or at tpcspirit.org - GIVING). Please note that the donation is for Per Capita.

Maureen Wolf, Stewardship Elder

TPC IN PICTURES



CANCER AWARENESS MONTH

March is colorectal cancer awareness month. Colorectal cancer is the third most common cancer in the US and the second leading cause of death from cancers that affect both men and women. If everyone aged 50 and older got regular screenings, 6 out of 10 deaths from colorectal cancer could be prevented.

Some of the unavoidable risk factors for colon cancer include: age over 50; a prior history of colon polyps; a prior history of bowel diseases; or a family history of colorectal cancer.

Some of the avoidable risk factors are: obesity; smoking; heavy alcohol consumption; Type 2 diabetes; sedentary lifestyle; and a diet high in processed foods or red meats. These are the things you can work to change to decrease your risk.

Symptoms of colorectal cancer include: a change in bowel habits-i.e. constipation or diarrhea; a change in your stool-i.e. color or shape; blood in the stool; excessive gas; abdominal cramps or pain. Later symptoms include excessive fatigue and unexplained weight loss.

So first if you need to, lose weight; stop smoking; decrease alcohol consumption; eat a healthier diet and get active. If you are over 50 or have symptoms or other concerns for colorectal cancer; see your doctor about the best screening method for you. This may include fecal occult blood cards, flexible sigmoidoscopy, colonoscopy, CT scan, blood work or x-ray procedures. Colon cancer screening saves lives.

Susan Fee, Parish Nurse

HEALTHY RECIPE - Smooth Curry Soup

Submitted by Laura Spurrell

Adapted from New Seasons recipe

2 Tbsp oil

1 onion, diced

2 cloves garlic, finely diced

2 tsp curry powder

2 tsp salt

1 tsp cumin

1 head of cauliflower, cut up

2 10 oz bag butternut squash or fresh equivalent or other hard winter squash

3 cups vegetable or chicken broth

1 can coconut milk

STEPHEN MINISTRY

Is life throwing you challenges? Would you like to have someone to talk to who listens to you and hears what's going on in your life? Stephen Ministers are trained to listen and be supportive. Stephen Ministers are caring Christian friends who will pray with you and walk beside you as you navigate the challenges of life.

A Stephen Minister is not a counselor. A Stephen Minister won't try to fix you or your life. A Stephen Minister will walk beside you and provide a safe, non-judgmental environment for conversation and sharing. All meetings are always entirely confidential.

If you would like to know more about having a Stephen Minister, please talk to Pastor Ken or one of the Stephen Leaders: Eileen Eakins, Jean Martin, Nikki Martin, Stephen Ricker or Susan Springer. To request a Stephen Minister, fill out a pink card (cards are on the cabinet outside the church office) and place it in the box provided.

TUALATIN SCHOOL HOUSE PANTRY

Currently the pantry is in need of canned fruit, canned soup, canned meals (chili, pasta, etc.), boxed mac and cheese, and powdered laundry detergent. They can always use extra paper grocery bags.

2019 FINANCIALS	Actuals	Budget	Dollar Difference
Operating Income Year to Date 1/31/19	\$64,047	\$63,898	\$149
Operating Expenses Year to Date 1/31/19	\$53,707	\$55,034	\$1,327

Saute onion and garlic until onions translucent. Add spices and stir a moment. Add cauliflower and squash to coat with spices. Add broth and coconut milk and simmer until vegetables are tender (about 20 minutes). Puree (I use a hand immersion blender). Check seasoning and adjust. Serve and enjoy.

TUALATIN PRESBYTERIAN CHURCH CALENDAR

For the latest calendar updates, go to www.tpcspirit.org and click on EVENTS.

March, 2019

Sun	Mon	Tues	Wed	Thu	Fri	Sat
					1	2
3 8:30 Adult Edge 10:00 Worship and Sunday School Pictures taken after worship.	4	5 7 pm Stephen Ministry Class	6 ASH WED. 6:30-8 am Imposi- tion of Ashes 6 pm Simple Supper 7 pm Worship Choir rehearsal after worship	7 10 am Project Linus 1 to 4 pm Family Promise Open House 7 pm Bell Choir Rehearsal	8	9
10 8:30 Adult Edge 10:00 Worship and Sunday School 11:15 to 12:15 Neighborly downstrs	11 7 pm Deacon meeting	12 7 pm Stephen Ministry Class, Continuing Ed and Supervision	13 10 am Loving Stitches 7 pm Chancel Choir Rehearsal	14 7 pm Bell Choir Rehearsal	15	16 7:00 am Men's Brkfst 10:30 am Women's Ministry
17 8:30 Adult Edge 10:00 Worship and Sunday School	18	19 7 pm Tuesdays Treasures 7 pm Session 7 pm Stephen Ministry Class	20 7 pm Chancel Choir Rehearsal	21 10-11:30 am Book Club #1 at Hagan home 7 pm Bell Choir Rehearsal	22	23 9 am Session meets with Cory Schlosser- Hall
24 8:30 Adult Edge 10:00 Worship and Sunday School 11:15 to 12:15 Neighborly downstrs	25	26 9 am Newsltr deadline 7 pm Stephen Ministry Continuing Ed and Supervision	27 10 am Loving Stitches 7 pm Chancel Choir Rehearsal	28 10-11:30 am Book Club #2 at Hagan home. 7 pm Bell Choir Rehearsal	29	30
31 8:30 Adult Edge 10:00 Worship and Sunday School 11:15 to 12:15 FAMILY PROMISE STARTS						

MARCH BIRTHDAYS

01-Andrew Beck
01-James Beck
01-Paula Miller
01-Erik Spurrell
07-Nimmi Senthirajah
08-Terri Holland
08-Rod Kerr
08-Bob Nix
09-Sue Awdry
09-Bob Fitzhenry
09-Andrew MacHaffie
09-Owen MacHaffie

11-Halah Grobey
13-Jonathan Ayers
13-Patrick Ramos
13-Jeni Wiggers
14-Bill Bennett
14-Scott Gibbons
14-Dick Wiggers
15-Maureen Wolf
16-Tamara Harris
17-Carolyn Locke
19-Sandy Gurney
20-Russ Carlin
20-Blain Grover

21-Larry Nord
23-Neal Reiling
24-Harry Chase
24-Daniel MacKay
26-Ukiah Harris
26-Drew Pairamore
27-Hilde Frey
29-Mike Shiffer
31-Caitlin Byers
31-JP Gibson
31-Piper Hammer



9230 SW Siletz Drive
Tualatin, OR 97062



TUALATIN PRESBYTERIAN CHURCH

9230 SW Siletz Drive, Tualatin, OR 97062

Phone: 503-692-4160 **Email:** office@tpcspirit.org

Web Address: www.tpcspirit.org We're also on Facebook.

Worship Service – Sundays at 10:00 a.m.

Pastor: The Rev. Dr. Ken Evers-Hood

Parish Associates: The Rev. Charlie Brown, The Rev. Dr. Dick Wiggers

Elders: Craig Bowen, Russ Carlin, John Casebeer, Jeff Engh, Judy Nix, Greg Owen, Emily Ricker, Chris Robertson and Maureen Wolf

Deacons: Derrilyn Bayha, Jan Bender, Susan Cameron, Peggy Gibbons, Emily Gibson, Carolyn Hale, Jason James, Gina Olson, Kerry Weaver, Rob Wiesenthal, Pamela White and Chapin Zakrzewski.

Director of Family Ministries: Sarah Beck

Administrative Assistant: Susan Springer

Financial Assistant: Mike Shiffer

Director of Music Ministries: Gary Young

Accompanist: Dr. Ron Fabbro

Bell Choir Director: Debbie Ivanov

Building and Grounds Caretaker: Bob Paetsch

Art Director: Chris Robertson

Bereavement Committee Chair: Barbara Crall

Blood Drive Coordinator: Scott Cameron

Clerk of Session: Rick Crall

Cookie Coordinator: Sue Hayhurst

Hospitality Coordinator: Bonnie Nord

Membership Coordinator: Diane Paetsch

Men's Fellowship Group Coordinator: Mike Weaver

Parish Nurse: Susan Fee

Prayer Chain: Greg Imus

Treasurer: Jennifer Ayers

Tuesdays Treasures Coor: M&M Shiffer, Denise Collins

Webmaster: John Martin

Wedding Coordinator: Stacy Mauer

Office hours may vary; call ahead to confirm.

Monday – 9:00 a.m. to noon, Tuesday through Thursday: 9:00 a.m.– 3:00 p.m., Friday – 9:00 a.m. to noon