



A MESSAGE FROM PASTOR KEN

Dear friends,

Greetings in what will be my last newsletter for a while. As many of you know our Presbytery adopted a policy years ago encouraging (actually requiring, but 'encouraging' sounds nicer) congregations to grant their pastors a three month sabbatical for every seven years of service. Believe it or not, I came to TPC in the fall of 2004, making this fall our ninth year together! And I am so grateful for the upcoming three month respite you are giving me starting on May 20th.

Why Sabbath? Sabbath is easily the most violated of the ten commandments. People who would never think of stealing or murdering, think nothing of working without ceasing. Some of us even pride ourselves on how far out of balance we can get our work and family lives and still manage to crawl out of bed in the morning. Yet Scripture specifically names this kind of working as disordered and directs us to regularly cease and desist. Scripture even commands us to honor what Rabbi Abraham Heschel called a "palace in time." Why?

To me the single most important reason for taking a regular Sabbath, a regular break, is to remember that God is God and we are not. One of the greatest temptations for people of faith is what some of my professors refer to as "Practical atheism." Sure, we show up on Sunday and confess with our lips that we believe in God, but when it really comes to how we live and plan we act as if it's all up to us. Indeed, it's easy to begin to believe that not only is it all up to us, but that if we didn't show up and work like we do that the families and organizations we care about really just might go down the tubes. Sabbath is the reminder that while yes, we are important- it's not all about us. Life went on for thousands of years without us, and it will continue long after we're gone, thank you very much. And in my case TPC started, grew, and thrived for 22 years before I came on the scene, and TPC will continue to flourish in my three month absence and long after God ultimately calls me to leave. This perspective, remembering that we are important but not all important: this is the single most important lesson of Sabbath and the key to sustaining all of the relationships about which we care most deeply.

Another great reason to take a Sabbatical, an extended Sabbath: it gives TPC a chance to hear a different voice and remember in a profound way that the session governs the church and our deacons are tasked with caring for it. I'm so grateful to The Rev. Charlie Brown for being willing to shepherd TPC while I'm away. His love, sense of humor, and pastoral wisdom will be a great blessing. And he will not be alone: our nine ruling elders and twelve deacons will continue to shepherd and oversee life in the congregation.

How will I use this time? In June Melis and I will travel to London and Paris for two weeks. It is the first time I will travel in Europe, and it is the first time in nine years that Melis and I will have two weeks with just the two of us. We are both so grateful for this opportunity to reconnect. In July we will travel to Hawaii as a family, a first for all of us. And throughout this entire period I will slow down, breathe, be still, and remember that God is God...not me.

Shalom,

WHAT'S GOING ON

TRIENNIUM

is an event for high school youth (entering freshmen through graduating seniors) from the Cumberland Presbyterian Churches and the Presbyterian Church (U.S.A). It will take place at Purdue University, July 16 to 20, 2013.

The triennium theme "I AM" echoes from the "I am" statements of Jesus, and whispers even further back in the story of our faith from the Hebrew people's encounters with Yahweh. "I am who I am."

During the 2013 Triennium participants will explore, each day, one of the significant "I am" metaphors from the gospels. Jesus used the "I am" images to help the rookie disciples understand his purpose, depth of care, everlasting presence and wide redemptive love. We hope to do the same in hearing and seeing and praying these stories at Triennium.

Fundraising for Triennium VEGETABLES By Paul Fukasawa



Paul Fukasawa is generously donating organic vegetables from his wonderful garden to help the High School kids' fundraising effort. Some of you may remember his wonderful produce from the "Pay Off The Debt" auction.

The kids have been working hard, selling pizza coupons and offering to do yard work to raise the \$2,500 needed to go to the Presbyterian Youth Triennium held at Purdue University in West

Lafayette, Indiana. Held every three years, these conferences have a profound influence on the kids who attend.

Paul Fukasawa will be in the narthex after worship for several Sundays giving you the opportunity to buy coupons that can be redeemed as vegetables are harvested.

MAD HATTER TEA PARTY SATURDAY, MAY 4th at NOON

The ladies of TPC and their guests are invited to a spring tea. We will be decked out in our finest spring hats. If you do not have a hat we will have some for you to borrow.

We are looking for volunteers to be table hostesses who will be responsible for providing teacups, plates, silverware, and whatever else you would like to use to set and decorate the table. We have the table clothes for the round tables or you may bring your own. You can decorate your table either Friday afternoon between 3 and 5 (please contact Barb Crall to let her know if you want to come then) or Saturday morning after 10 a.m. We are also looking for women to make tea sandwiches or tea sweets or to bring fruit. You can find ideas for tea sandwiches and sweets on the internet. We will need several teapots for each table so we are asking to borrow teapots.

Please sign-up on the tower. When you sign up please indicate if you will be bringing guests. We would like to know how many women to expect so we will have tables set for everyone. If you have any questions contact Barb Crall at 503-692-1677 or barbc@compix.com.

CONGREGATIONAL MEETING SUNDAY, MAY 5, AFTER WORSHIP

At this brief meeting we will elect a new administration elder (Karen Schmitt is moving to Las Vegas) and a new deacon (Jeff Taylor has work commitments that preclude his acting as deacon.)



WORK PARTY SATURDAY, MAY 18th

The entire congregation is invited to join the Men's Fellowship Group for an outside spring clean-up day on Saturday, May 18th from 8 a.m. to noon.

Volunteers will be asked to trim tree branches, prune bushes, cut weeds, power wash benches, storage units and curbs, cut up and remove debris, clean windows, cut down Boston Ivy from the trees, remove built-up moss, and other assorted tasks.

Please bring the following items, if you have them: rakes, ladders, pressure washers, chain saws, string trimmers, extension cords, loppers, hand clippers, garden rakes, leaf rakes, plastic tarps, window cleaning supplies, gloves and any other items that might be needed for general cleanup work.

Donuts, bagels, fresh coffee and sunscreen will be provided. Be sure to mark your calendars for **May 18th, 8:00 a.m. to noon**, and come help us keep our beautiful church grounds looking great.

Bob Paetsch, Incoming Building & Grounds Elder

VARIETY SHOW AND POTLUCK Sunday, May 19th after church

May 19th is a big day at TPC; it is Pentecost and new officers will be ordained and installed. We will celebrate after the service with a potluck lunch. After lunch stay for the TPC variety show. It is time to get your act together and let your TPC family see a side of you that they do not know. There is a sign up on the tower. Those of you who have said you are going to take part, please sign up so that others thinking of participating will know that they will not be alone!

CHURCH PICNIC Sunday, June 23

Wear your picnic clothes to church and head to Tualatin City Park after the service and join us for a picnic of grilled brots (supplied by the fellowship committee) and a potluck. Drinks will be provided. Bring your own table service. There will be games and activities for the kids. Anyone who would like to help with the kid's activities, contact Barb Crall.

VACATION BIBLE SCHOOL July 8th to July 12th, 9:30 to 11:30 a.m. Athens: Paul's Dangerous Journey to Share the Truth

Grab a pair of sandals, your bathrobe, your sense of adventure, and meet us in ancient Athens! We'll talk to the Apostle Paul to learn all about his dangerous journey to share the truth about God's love.

SAVE THE DATE SUMMER PROGRESSIVE DINNER Saturday, August 17



ADULT MISSION TRIP

Save the dates: **August 19 to 23**. TPC's second adult mission trip will occur that week. This year, we are staying closer to home, working in the Bend area for Habitat for Humanity. The current plan is to depart on Monday, August 19th and arrive in Bend in time for an afternoon orientation meeting and tour of the project site. We will work on site all day Tuesday, Wednesday and Thursday. After an optional half day on Friday, we will return home. Our accommodations for the week will be the Three Sisters Lutheran School. As a shared activity, we will be preparing our own breakfasts and dinners at the school and taking lunches to the work site. The school has large bathrooms for both men and women with showers. The kitchen is large and useful.

If you are interested in participating in this year's mission trip, please talk to Chip Kyle, chair of the Mission Committee or any of the Mission Committee members (Ted Pelletier, Russ Carlin, Barb Harriman, Carolyn Locke). We would like to compile a list of potential participants and then schedule an information / question and answer meeting. No special skills are necessary, other than a willingness to help and flexibility with a variety of activities. Come and join us – it's a worthwhile project!



Chip Kyle, Mission Elder

Worship Concert

Sunday, May 19, 10 a.m.

Day of Pentecost

Quickening of the Holy Spirit

with

“Spirit Suite” by Mark Hayes

Jeffrey Weener, Dennis Kelly

and guest soloists

with the Chancel Choir

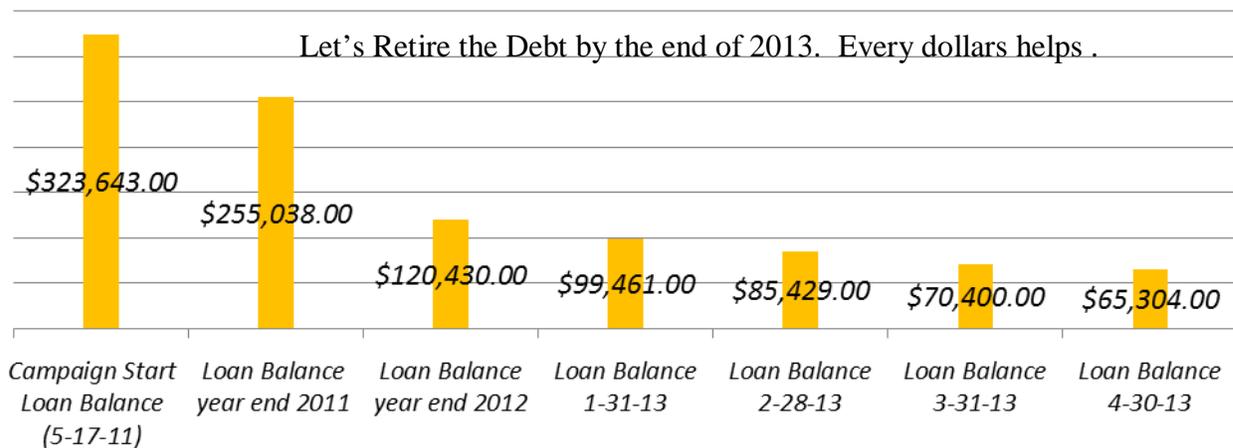
The presence of the Holy Spirit at TPC was evident to me in many ways when I joined you last fall: gathering the little ones for the children’s message; turning to the baptismal font for cleansing by water; coming to the Table for bread and cup; praying for one another and our world; greeting vibrantly as Christ’s peace is passed; listening to the Word through scripture and preaching; the list goes on We sense the quickening of the Holy Spirit among us during these and other moments as we come together each week.

Music also has the power to quicken the Holy Spirit within each of us. On May 19, the Day of Pentecost, when we celebrate the Apostles being filled with the Holy Spirit, let us listen and be moved.

“Spirit Suite” by Mark Hayes is a setting of three African-American Spirituals:

In That Great Gittin’ Up Mornin’
Sometimes I Feel Like a Motherless Child
Didn’t My Lord Deliver Daniel?

Each of these selections calls on the Holy Spirit with an infectious rhythmic drive and fervor that will quicken each person in the sanctuary. Be sure to spread the word to friends and family about this worship concert on Sunday, May 19.
David Kelly, Music Director



WALK ON, WALK ON...

Congratulations to the TPC congregation. Having been issued the challenge to do a "virtual" walk to Jerusalem in January, the congregation reported an awesome 7895 miles logged in by Easter, having met the challenge of 6927 miles and exceeding that amount by 968 miles. Way to get moving!! My hope is that the experience was uplifting both physically and spiritually.

In the spirit, Dianne Lemmon, Parish Nurse

HEART HEALTHY LIVING

excerpt from **Web MD**: The following question was answered by Dean Ornish, MD, whose book, *The Spectrum*, has shown what is possible to do with a healthy lifestyle.

Ornish's plant-based diet, exercise, and lifestyle plan can reverse heart disease. But the strict Ornish plan only shows what's possible, not what might be right for you. In his new book, Ornish puts the emphasis on finding your own personal place in a spectrum of healthy choices. For Ornish it's not all about diet and exercise. He gives equal weight to stress reduction via mindfulness and meditation.

What is mindfulness? Why do you say mindfulness is part of healthy eating?

Mindfulness is just the practice of paying attention to something. Meditation helps to promote mindfulness, because when you pay attention to something you do it better. And on the sensual level, when you pay more attention to something, whether it is food, music, art, or massage, you enjoy it more fully and you don't need as much of it to get an even greater amount of pleasure.

Pay attention to how things affect you. Then your choices come out of your own experience. It's not just because some book-writing doctor told you to change. You change because you connect the dots between what you do and how you feel. When you exercise, eat healthier, and meditate, many changes occur -- quickly. You think more clearly. You have more energy and you need less sleep. Your skin doesn't wrinkle as much. Your heart gets more blood, so you have more stamina. These changes are sustainable because they come from your own experience.

Submitted by Dianne Lemmon, Parish Nurse

April 16th Session Meeting Highlights Carolyn Barker Clerk of Session



Action Items:

- Bob and Paula Eddy were interviewed and accepted into membership.
- Jennifer Ayers was elected by session to the office of Treasurer.
- A job description for a Christian Education Coordinator to be hired in September was approved by Session.
- The title of "Personnel Elder" was changed to "Human Resources Elder."
- Mike Nelson presented the need to improve landscaping of the TPC Memorial Garden. Approval was given to continue developing a detailed plan for the project.

Committee Reports and General Information:

- The kitchen angels project to upgrade kitchen needs received \$2,079 in donations.
- A congregational meeting to fill two vacant positions will be conducted after worship on May 5th. Nominations are Dave Backen for Administrative Elder and Barbara Harriman for Deacon. Installation of new elders and deacons will be May 19th.

The above information has been compiled from Session minutes. Complete copies of minutes are available in the church office.

NEW TREASURER

Scott Mitchell has been our church treasurer for a number of years. He recently accepted a new job and has moved to Seattle. Thank you, Scott, for your years of service to TPC. Our new treasurer is Jennifer Ayers. Welcome and thank you, Jennifer!

KEN'S SABBATICAL APPROACHES

Pastor Ken's last Sunday before the start of his 3-month sabbatical will be May 19. In Ken's absence, the Rev. Charlie Brown will fill in. Thank you, Charlie. Bon Voyage, Ken!

EAGLE SCOUT PROJECT

Boones Ferry Road Sign Enhancement

Over the weekend of April 20, Eagle Scout candidate, Nick Hines, along with youth and adult members from Troop 419 in Tigard completed a low planter bed around our new sign along Boones Ferry Road. Nick contacted TPC, inquiring about the possibility of a project that he could adopt for his Leadership Service Project requirement. After reviewing several project options, the planter bed was selected and planned. The work included relocating 3 shrubs, trenching, laying a compacted layer of base rock, and placing wall stones. The planter bed was back filled with soil, and solar powered lighting fixtures were added. The material for the walls came partly from the remaining pallet of block from a previous Eagle Scout project plus some additional materials provided by Mutual Materials of Tualatin. Following the completion of the project, the adjacent plum trees were limbed up to improve the visibility of the sign from north bound and south bound traffic lanes, and the added lighting makes the sign much more noticeable at night. Thank you, Nick, for a job well done.

Norm Dannemiller, Building and Grounds Elder

SUNDAY MORNING FLOWERS

Would you like to bring flowers for Sunday morning to commemorate or celebrate a day in your life, or in the lives of family members and friends? If yes, sign up on the sheet in the Narthex. The flowers can come from your yard, from a Saturday Market, a florist, or Costco. Write a note about the event that you're commemorating or celebrating and we'll print it in the Sunday bulletin.

CHILDREN'S MESSAGE

Each Sunday we have an opportunity to share a message with the younger members of our congregation in the form of a brief, five minute children's message. No experience necessary, just a willingness to give it a try. The message can come from a scripture selected for that Sunday, but it doesn't have to. If you're interested in, or want to learn more about, giving a children's message, please contact Susan in the office, 503-692-4160 or susan@tpcspirit.org. Thanks.



May Birthdays

- 1—Elise Schmidt
- 2—Craig Walker, Wesley Shiffer
- 3—Joan Nardi, Michael Ratliff, Yvonne Wagner
- 4—Rick Mauer
- 5—Don Lowry
- 6—Michael Weaver
- 7—Emma Ratliff, Mark Robertson
- 8—Diane Paetsch
- 9—Ella Evers-Hood, Robert Weener
- 11—Dave Backen, Ron VanSchoiack
- 14—Karen Black, Megan Weener, Benjamin Whitaker
- 15—Stephanie Bartlett, Dorothy Martin
- 16—Alex Lewis
- 17—Scott Cameron, Gary Frey, Sandy Reiling
- 20—Rebecca Wood
- 21—Cackie Kyle, Ronn Rhodes
- 23—Emily Mazucca
- 24—Jose Corona, Brian Jones, Emerson Wood
- 25—Regan Fant
- 29—Rik DeBruyn
- 30—Monica Gibson, Matt Winkler
- 31—Scott Mazzuca

If your birthday is in May and your name is not listed above, email your birthdate to Susan@tpcspirit.org and she will add it to the church data base.

2013 FINANCIALS

Income Year to Date (as of 3-31-2013)	Actuals	Budget	Dollar Difference
	\$86,178	\$84,820	\$1,358
Expenses Year to Date (as of 3-31-2013)			
	\$80,531	\$85,601	\$5,070

TUALATIN PRESBYTERIAN CHURCH CALENDAR

May, 2013

Sun	Mon	Tues	Wed	Thu	Fri	Sat
28	29	30 7 p.m. Treasures Fun Night	1 7 pm Choir practice	27 pm Bell choir practice	3	4 Noon Women's Mad Hatter Tea
5 8:45 Adult Ed. 10:00 Worship Children's Sunday School Congregational Meet- ing after worship	6. 7 pm Spir- itual Formation off site. For info, talk to Laura Spurrell 503-692-7034	7 7 pm Mission Committee Meeting	8 7 pm Choir practice	9 7 pm Bell choir practice	10 10 to noon Loving Stitches	11
12 8:45 Adult Ed. 10:00 Worship Children's Sunday School	13 7 pm Deacon Meeting	14 7 pm Session meeting	15 7 pm Choir practice	16 7 pm Bell choir practice	17	18 7:30 am Men's Fellowship Breakfast Outdoor Work Party
19 Pentecost 8:45 Adult Ed. 10:00 Worship Special music Installation of elders and deacons Children's Sunday School Potluck and Talent Show	20 First day of Pastor Ken's 3-month sabbatical. Welcome Rev. Charlie Brown.	21 7 pm Tuesdays Treasures	22 7 pm Choir practice	23 7 pm Bell choir practice	24 10 to noon Loving Stitches	25
26 8:45 Adult Ed. 10 a.m Worship Children's Sunday School	27	28 9 am June newsletter deadline	29 7 pm Choir practice	30 7 pm Bell choir practice	31	

For the latest updates, check the calendar posted on the church website, www.tpcspirit.org

Regular TPC office hours are:

Monday through Thursday, 9 a.m. to 3 p.m., and Friday, 9 a.m. to noon.

Please call (503) 692-4160 or email Susan@tpcspirit.org
if you've moved or changed your email address.

Church website: www.tpcspirit.org We're also on Facebook.



9230 SW Siletz Drive
Tualatin, OR 97062



TUALATIN PRESBYTERIAN CHURCH

9230 SW Siletz Drive, Tualatin, OR 97062

The Rev. Ken Evers-Hood

Phone: 503-692-4160

Web Address: www.tpcspirit.org We're also on Facebook.

Worship Service – Sundays at 10:00 a.m.

Parish Associates: The Rev. Charlie Brown, The Rev. Philip Martin

Elders: Randy Beyer, Barb Crall, Norm Dannemiller, Chip Kyle, Maureen Richardson, Karen Schmitt, Kathy Sweetland, Craig Walker and Katrina Weener.

Deacons: Julian Awdry, Dan Barker, Bud Bender, Barb Kerr, Carolyn Locke, Robyn MacKay, Bob Nix, Marilyn Staples-Sundt, Karen Stevenson, Jeff Taylor, Jeni Wiggers, and Nancy Wilcox.

Treasurer: Scott Mitchell
e-mail: treasurer@tpcspirit.org

Director of Music Ministries: Dr. David Kelly
Bell Choir Director: Debbie Ivanov

Clerk of Session: Carolyn Barker
Email: carolynjbarker@mac.com

Music Accompanist: Dr. Ron Fabbro
Art Director: Mary Shiffer

Webmaster: Ted Pelletier
e-mail: webmaster@tpcspirit.org

Bereavement Committee: Vacant
Parish Nurse: Dianne Lemmon

Newsletter Editor: Susan Springer
e-mail: newsletter@tpcspirit.org

Wedding Coordinator: Stacy Mauer

Administrative Assistants: Rhoda Friesen and Susan Springer
e-mail: rhoda@tpcspirit.org susan@tpcspirit.org

Church Office Hours

Monday – Thursday: 9:00 a.m.– 3:00 p.m., Friday – 9:00 a.m. to noon