

TPC Spirit

JULY, 2020

Dear friends.

While COVID-19 shows no signs of slowing down, our will to innovate and find new ways to connect continue. I used my continuing education time last year to pursue certification as a leadership and transition coach through the Hudson Institute of Coaching. In fact many of you were kind enough to serve as my "clients" to help me gain the 50 hours I needed for Hudson and the 100 hours I needed to become an Associate Certified Coach through the International Coaching Federation. Coaching is a powerful discipline in which a coach creates a spacious, curious environment in which a client can discover where they are, discern where they are feeling called to be, and then work through internal and external obstacles holding them back.

Seeing the potential for TPC, I then started training the deacons in the kinds of listening and questioning that coaches do. I paired this with Duke's concept of Holy Friendship, which describes someone who challenges us on the brokenness we've come to accept, pushes us to see the gifts we are reluctant to own, and inspires us to dream dreams we otherwise would not. Following, a group coaching format from Hudson, we launched our first Holy Friends group in May. They have almost completed their time together, and it has been incredible to watch. In a normal session two individuals volunteer to be coached, and our two deacon moderators take turns creating that space. The person being coached gets to decide what they want to talk about that day, and then they have twenty minutes to explore that issue in depth. People bring all kinds of different issues to the table- some have focused on more concrete things like rocking an exercise program, whereas others have explored more internal territory such as improving relationships with grown children. After each session every member of the group gets a turn to ask a question or offer an insight. But note well, while sometimes people welcome ideas from othersthis space primarily established awareness building and not advice giving.

The deacons have the capacity to create more of the groups, and I am inviting you to reach out to me if you think you might be interested. Each group lasts six, 1.5 hour sessions, and they meet every two weeks. And while the content of each group is always unique, the structure is highly planned. Not only will you make progress on whatever goal you might have in mind, but you will help others and create deep, meaningful relationships in the process. Here's what some of our participants have to say regarding their experience (and this group was composed entirely of women- this is not a requirement!):

Holy Friends has provided me the forum to hold myself accountable in a way that would not have been possible during COVID-19. What a joy to be surrounded by positive, thoughtful women who listen, challenge, and support each other. I have felt a strength and resilience enabling me to thrive during this period of less connectedness. -Judy Nix

As a newcomer to TPC, I am grateful to come to know people in deeply personal ways through Holy Friends. What a gift to have such remarkable grounding in this time of distress and uncertainty. Thoughtful leadership and the intentional format nudge us to explore our experiences and dreams, which we share in a caring, safe space. I emerge each time with a heart full of love for the resilience and strength of my Holy Friends, for their bright minds and good humor, for the way I feel nurtured and supported by them. -Barb Cleveland

Holy Friends is an amazing group of women who show up and dare to be themselves each and every session. Everyone has been vulnerable in their stories that are hard, real and without judgement. I feel I have been able to be a better listener than I was prior to starting this group coaching. I am impressed by the emotional and intellectual intelligence of these women. I am thankful for the love and support this new experience has given to my life. Rene'e James

Our group has been a life-enhancing gift to me. It is a safe venue for authentic connection, personal growth, and nurturing relationships. I learn from both the exploration of my own experiences and also from the experiences of others, and the conversations stay with me on a daily basis between meetings. I am grateful for the process, the leadership, and opportunity for genuine conversation about the things that matter most to our hearts. -Jeanette Beeger

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My Holy Friends are wonderful listeners. Sometimes they have experienced something similar and sometimes not. But they are always careful, empathetic listeners with unique perspectives on life. I trust them to hear my pain and my joy and to treat my feelings with honor and confidentiality. This has been a powerful growth experience for me. Lynn Scroggin

Being a coach for soul friends has been a voyage to someplace I wasn't expecting. I thought it was going to be a smaller space. The sharing from the group members has been deep. It has wandered in surprising directions. I mentioned to my co-leader that it has morphed from something that I thought would be mechanical and change driven into more of an exploration. I also feel there was heartfelt support and caring offered by all the group members to one another. As a coach, I have learned to listen attentively and to be curious. I want to bring this kind of listening into other spaces in my life and am grateful to have been part of this. -Sheri Schipporeit

In Christ, Ken

WORDS FROM OUR PARISH NURSE, Susan Fee, REGARDING COVID 19

Covid 19 cases are rising at such a rapid rate in our area that I did not have time to write much.

This is what I would like to say:

- 1. If we want to get through this more quickly and with less loss, we must all wear masks when out in public indoors or close proximity outdoors.
- 2. It is very important to maintain 6 feet or more social distance.
- 3. If someone near you is not wearing a mask, turn around and walk away.
- 4. Very few people have a true medical reason to prevent wearing a mask, and those who do are so high risk, they should stay home.
- 5. Masks need to be worn over the mouth and nose.
- 6. If you are at higher risk for more serious illness if you contract Covid-19 (age over 60, heart or lung disease, diabetes, compromised immune system), consider staying home. Avoid places where you are not in control of your environment.

Be safe. Be well. If you are feeling alone, depressed or overwhelmed, please reach out to someone.

Susan Fee, TPC Parish Nurse

NOTE FROM STEWARDSHIP ELDER

Dear TPC Family,

I hope this note finds you well as we make our way through some of the most challenging times in our recent history. Through all the difficulties, I continue to find so much gratitude in the continued generosity provided by the TPC congregation. On behalf of the stewardship and finance committee, we thank you. Your donations are critical as staff continues to provide weekly services and programs. I am grateful for Ken, Ian, Megan, Kerry, and Gary as they provide weekly services that reach our minds and souls. Sarah, Jeff and their team are regularly connecting with our youth to ensure their spiritual growth continues. At a time of unrest, we are fortunate for the comforting hands to still our minds...even for just a moment.

This week you will receive your mid-year giving statement from Mike. Your continued pledge support is valued and essential as we continue to provide services during this COVID season. We have incurred some additional technology costs as we transitioned from a face-to-face service to remote. Additionally, our HVAC system needs repair and will be fixed over the summer. We have the funding to cover these items, but any additional support is always appreciated.

Again, these are challenging times and for some of you this might not be an option. If you feel an increased donation is something that is feasible, we are grateful. You can click the GIVE link on our website tpcspirit.org. If you have any questions, please do not hesitate to contact Mike Shiffer directly at finance@tpcspirit.org. Wishing you a happy and healthy summer 2020.

Sincerely, Maureen J. Wolf, Stewardship Elder

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WHILE YOU WERE OUT - WHAT'S NEW?

Our absence from the TPC building has provided the opportunity to make a few changes. Some are necessary and some are just easier to do with an empty, or almost empty, building. Here are some of the things that have been going on.

NEW INTERNET PROVIDER

In order to support the higher upload speeds to support live-streaming worship services, we needed to have a higher speed internet connection. TPC has replaced our previous (Comcast) traditional service with high-speed fiber (Ziply Fiber.)

NEW NETWORK

TPC has extended the wireless network access throughout the building via a mesh network. We have a private network and a public network. The public network password is currently "tpcguest". If you need to access the private network, please contact Mike Shiffer for credentials.

NEW TELEPHONE SYSTEM

If you have called TPC recently, you will have noticed a change. We have moved away from a cable based phone system and installed a Voice Over Internet Protocol (VoIP) phone system. We have also installed IP phones on the staff desks. When we are not in the office (like now) or unable to answer the phone, a voice prompt will help you direct your call or leave a message. If you leave a message for Susan, Mike or Sarah, they will be notified. Messages for Ken or others will be relayed by Susan or Mike. Staff has the option to receive church calls remotely as well, but that option is not usually used. If you want to contact Susan, Mike or Sarah, you can call their direct number:

Susan 971-233-6925 Mike 971-233-6026 Sarah 971-233-6027

We also now have fax service in the office. (Contact the office if you need the fax number.)

NEW MUSIC AND TECHNOLOGY LICENSES

TPC has added another copyright license, which gives us a larger choice of music for worship. We have also upgraded our video capabilities through several licenses (have you joined our fellowship time on ZPC (Zoom))?

NEW WAY TO DONATE

TPC now accepts general fund donations via text from your phone. Just text 833 610 0073 and put the amount you wish to donate in the body of the message. The first time you donate, you will need to register and put in your payment information. Learn more about this via the Give Links on the church website, tpcspirit.org. We are also still accepting (and very thankful for) online donations from the website.

NEW SOUND MIXER

You have probably noticed the high-quality of the audio on the TPC worship broadcasts. We have replaced our old digital mixer with a state-of-the-art digital mixer that will be used for Sanctuary Audio as well as for Streaming Audio.

NEW LANDSCAPE SERVICE

Our previous landscape service provider has gone out of business. We have a great new local family-owned business taking care of us. Welcome Rain or Shine Landscape Maintenance!

NEW HVAC UNIT

We are in the process of refurbishing and reviving the HVAC system (installed in 1988) on the East end of the building. This new unit will provide improved and more uniform heating, cooling and ventilation to the Sanctuary as well as reduce operating costs. There was an article about the needed changes in the June newsletter. The new unit will be installed by the end of September.

There may be additional changes in the next few months -- stay tuned! We are all looking forward to the time when we can all be together!

Mike Shiffer, Finance et al.

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SUMMER SUNDAY SCHOOL

This summer the middle and high school Sunday Christian Education group is participating in a series of presentations. Each presentation is focused on a subject that is related to current issues and connects the youth to resources and local individuals who have involvement in each area.

On Sunday, June 28th at 10:30 AM, middle and high school students met with presenter Ben Bowman, who is a member of the Tigard-Tualatin School Board and a recent candidate for State Senate. He also coordinates Packed with Pride with the local education community, providing food to families in need during the pandemic. Ben has a long history of advocating for student voices in all areas including education, government, and the community at large. Several of our kids participated in the discussions. Special thanks to Family Ministries Elder, Jeff Engh for coordinating our first presentation.

On Sunday, July 12th at 10:30 AM, Mission Elder Russ Carlin will present on the current pandemic affecting our community.

TPC RECEIVES \$15,000 GRANT FROM CALVIN INSTITUTE OF CHRISTIAN WORSHIP

TPC has been notified that our application for a \$15,000 Vital Worship Grant has been approved. Beginning July 1st, TPC can begin using funds to design and produce additional stained glass windows, similar to the ones completed last year. Following up on the work initiated and completed by Christina Robertson (TPC Art Director) and Jeff Cameron, four new sets of windows will be designed and installed over the next year. The project will involve input from the congregation and is designed to promote creative worship through art. In addition to the installation of the windows in the sanctuary, the pieces will be shared digitally throughout the community to provide inspiration and dialog on the content of each series. The first new windows are expected to be completed this November.

The Vital Worship Grant is funded through the Calvin Institute of Christian Worship through generous support provided by the Lilly Endowment, Inc.

Jeff Engh, Family Ministry Elder

FAMILY PROMISE UPDATE

The garden at the Family Promise Day Center is flourishing. Many thanks to Paul and Linda Fukasawa and Carolyn Hale, Also, Bonnie and Larry Nord have kept the exterior grounds looking good with bark dust, flower planters and weed removal. Thank you TPC volunteers!

FPTV has entered into an agreement with Washington County to assist with an Emergency Shelter Program from mid-June to mid-December. The County will pay for 10 rooms at Tigard Extended Stay for houseless individuals if Family Promise will case manage those individuals and help them navigate getting into housing. This agreement required hiring additional staff temporarily to manage the intricacies of fund accounting and additional case management. FPTV will be reimbursed by the County through CARES Act Funds.

Already, the Emergency Shelter Program has brought in a family under this program: Carrie, Rayce and son Emmitt, who had been living in their truck since September. Carrie is diabetic and has not been able to take her insulin consistently due to their houseless situation. Carrie recently secured employment, and the family is hopeful housing is next on the horizon. The family has expressed their thankfulness and gratitude to have a place to sleep comfortably and safely each night and to have more nutritional food.

We have a move in coming up soon for a mom, dad, and little baby, Gracie. Furniture and items are tagged and waiting for housing approval. While the furniture stored in TPC's basement is for Family Promise families, we have helped two other families referred to us via a TPC contact. If we are advised of a need, and if we can help, we plan to do so. Somehow the right items continue to show up at the right time.

COVID-19 continues to affect the rotational shelter program with several of the churches likely not able to continue due to permanent closure, no pastoral leadership, and uncertainty of the future. None of the churches in the program are "open" and continue with virtual services similar to TPC. Remaining churches continue to supplement the Packed with Pride food program, and TPC has been taking extra turns to help with weekly needed fresh food. Thanks again to all who donated money to keep TPC's support ongoing.

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Finally, we miss having more face-to-face time with our TPC/Family Promise peeps. It's just not the same, and we are looking forward to a vaccine and a "Presbyterian pot luck loving event!"

Derrilyn Bayha and Pam Bowen, TPC Family Promise Coordinators Judy Nix, Family Move-In Team and Board Member

SCRIPTURE READERS ON SUNDAY

Each week scripture readers record their assigned scripture from the comfort of their home. The process is as follows:

Scripture assignments are emailed to the readers by Pastor Ken, or in his absence, by Joan Nardi. The readers record their scripture using their computer, pad or phone in landscape mode. Please do not use portrait mode.

The recording can then be sent to Ian Swanson via text at 503-928-0982. It can also be emailed to Ian at tpc@ianaswanson.com.

If the file is too large for email, the reader will need to use a file sharing service such as "dropbox" or google drive and let Ian know.

If you would like to be a reader, please contact Joan Nardi. Thanks!

HIGHLIGHTS JUNE SESSION MEETING

The June Session meeting included in depth discussions around long term planning for continued live streaming when we return for worship in our building, and repairs for the HVAC system. Session approved Greg Owen's application for a Presbytery Barnabas grant of \$7,500 to offset some of the costs.

Chip Kyle, our treasurer, reported that giving is reasonably good with a favorable variance and that non-pledged giving has increased.

The next Session meeting is July 21st via Zoom.

Liz Belz-Templeman, Clerk of Session



Three years back on the 18th of March, I awoke to the news that Ted Lambeth had passed away. Ted and I would meet for lunch every few months and talk about everything, (our families) and nothing at all. Ted was my friend.

I remember much about the eighteenth. It rained intermittently, Dave and Ryan were installing a new kitchen backsplash and I was sad and crying. In between rain showers I would walk out back and stand on the deck, just observing the world.

Rufous hummingbirds migrate in early spring, and for birders, seeing one is a reason for celebration. Generally, they locate a feeder, drink their fill and off they fly. Not so, this day. A male rufous showed up in our backyard, ate, flew to a branch in the apple tree and perched. He sat on that branch, most of the day. It was late afternoon when he finally flew, and by then, I had named him Ted. My heart knew that rufous visit was special, a gift packaged in shiny, copper penny gold and Coty lipstick red feathers.

Each Spring I grow giddy with excitement, anticipating the winged arrival of dear friends. But none so dear as Ted. If you see a rufous, give him a smile and say hello. He'll be happy to see you.

Rebecca Backen

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TPC READERS

will meet the second and third Thursdays during the months of July and August and then continue on into September, with no summer break.

PAUL'S VEGETABLES 2020

They are coming. Stay tuned.

CONNECT TO TPC

SUNDAY MORNING WORSHIP

All you need to do is go to tpcspirit.org. There you will see a large rectangle with some text about the worship service. That's where you'll see the live-streamed worship service when it starts. In the lower right corner you may see the Full Screen

Icon , and that works even when the worship is not in progress – useful for your testing.

ZOOM

Zoom enables you to interactively participate in a virtual meeting with other TPC folks. You don't need a computer or an internet connection to participate, but full participation with video does require a computer, tablet, or smart phone with internet access. If you have an ordinary phone, you can tele-conference into a zoom meeting. If you have an older computer without a microphone, you can use a phone for your audio connection while seeing other participants on the computer. If you do not have a web-camera, you will be shown on the zoom connections as a box with your screen name.

To find the links for regular zoom meetings (the "Virtual Coffee Hour" after Sunday morning worship, and the weekday 9 am Prayer meetings)" go to tpcspirit.org/Links/. That page is updated weekly or as needed.

To join a ZOOM meeting, simply click the link from a message or web page. If it is outside the times for that meeting you'll end up getting a message, "Please wait for the host to start this meeting" which indicates that your computer is all set up properly.

Problems? Look at Zoom Step-by-step or send an email message to support@tpcspirit.org. Zoom Step-by-step also contains useful additional information about navigating some of the features, and alternatives available, with Zoom.

WHAT HAVE I LEARNED DURING COVID?

I have learned that Corvids (my friends) are benevolent (which I knew, already!); I have learned that Covid-19 is not, eh! I have learned that Polyps (animals) are benevolent (which I knew already!); I have learned the Polyps (medical problems, potentially, for human animals) are suspect and not to be trusted, eh! I have learned that Novels and Coronas are just fine (which I knew, already!); I have learned that Novel Coronavirus is an ominous and heinous disaster, eh!

By Rob Wiesenthal Below, his gerbil, Ashley Dian.



PRESBYTERY OF THE CASCADES has a new mailing address:

Their new address is: 245 S. Bancroft St., Suite D, Portland 97239-8526

Their former address was: 0245 SW Bancroft St... 97239-4272

LIVING IN THE WORLD OF ZOOM..



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JULY TUALATIN PRESBYTERIAN CHURCH CALENDAR

For the latest calendar updates, go to www.tpcspirit.org and click on EVENTS.

Sun	Mon	Tues	Wed	Thu		Fri	Sat
			1 9 am morning prayer on Zoom	2 9 am mor prayer on		3 9 am morning prayer on Zoom	4
5 10:10 am on-line worship at www.tpcspirit.org	6 9 am morning prayer on Zoom	7 9 am morning prayer on Zoom	8 9 am morning prayer on Zoom	9 am morning prayer on Zoom Book Group Meeting		9 am morning prayer on Zoom	11
12 10:10 am on-line worship at www.tpcspirit.org	9 am morning prayer on Zoom	9 am morning prayer on Zoom 7 pm Stephen Ministry/Zoom	9 am morning prayer on Zoom	9 am morning prayer on Zoom Book Group Meeting		9 am morning prayer on Zoom	18
19 10:10 am on-line worship at www.tpcspirit.org	9 am morning prayer on Zoom	21 9 am morning prayer on Zoom	9 am morning prayer on Zoom	9 am morning prayer on Zoom		9 am morning prayer on Zoom	25
26 10:10 am on-line worship at www.tpcspirit.org	9 am morning prayer on Zoom	28 9 am morning prayer on Zoom 7 pm Stephen Ministry/Zoom	9 am morning prayer on Zoom	30 9 am morning prayer on Zoom		31 9 am morning prayer on Zoom	
JULY BIRTHDAYS 02-Rebecca Crall 02-Rick Springer 03-Molly Maleta 03-Don Schmidt 07-Kay Kinyon 07-Robyn MacKay 09-Anne Winterrowd 10-Paul Fukasawa 10-Robert Long 10-Karl Schultz		10-Laura Spurrell 14-William Hammer 14-Wyatt Hammer 14-Elise Steffen 15-Bob Carlson 15-Dianne Lemmon 17-Paula Eddy 21-Judith Mears 21-Chapin Zakrzewski 22-Bruce MacKay 23-Linda Fukasawa			23-Laura Grover 23-Linda Watkins 26-Sue Hayhurst 27-Marshall Fant 27-Kip Stevenson 29-Marilyn Schmidt 29-Karen Stevenson 30-Martha Bennett 31-Shivani Senthirajah		

The church office is closed due to Covid-19; employees are working from home. The building is not available for meetings.

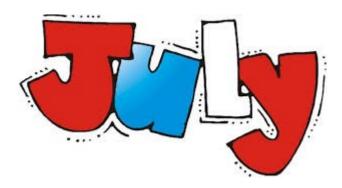
You are invited to worship with us on line on Sundays starting at 10:10 am. Go to the church website, www.tpcspirit.org Or Facebook.

If you wish to leave a voicemail message, call the church office at 503-692-4160. Messages are checked regularly.

TPC 2020 FINANCIALS	Actuals	Budget	Dollar Difference
Operating Income Year to Date 5/31/20	\$187,499	\$175,197	\$12,302
Operating Expenses Year to Date 5/31/20	\$167,341	\$172,647	\$5,306

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Worship with us Sundays on line at 10:10 a.m.

Go to church website, www.tpcspirit.org or Facebook Live.

TUALATIN PRESBYTERIAN CHURCH

9230 SW Siletz Drive, Tualatin, OR 97062 Phone: 503-692-4160 Email: office@tpcspirit.org Web Address: www.tpcspirit.org We're also on Facebook. Worship Service - Sundays at 10:10 a.m. on line at www.tpcspirit.org

Pastor: The Rev. Dr. Ken Evers-Hood

Parish Associates: The Rev. Charlie Brown, The Rev. Dr. Dick Wiggers

Elders: Craig Bowen, Russ Carlin, John Casebeer, Jeff Engh, Joan Nardi (acting), Greg Owen, Carolyn Pursinger,

Ian Swanson, and Maureen Wolf

Deacons: Derrilyn Bayha, Susan Cameron, Peggy Gibbons, Emily Gibson, Carolyn Hale, Donna Hammersly, Jason James, Julie Nader, Karen Ramos, Herb Richardson, Sheri Schipporeit, Kerry Weaver, and Rob Wiesenthal.

Director of Family Ministries: Sarah Beck Administrative Assistant: Susan Springer Financial Assistant: Mike Shiffer Director of Music Ministries: Gary Young

Accompanist: Dr. Ron Fabbro Bell Choir Director: Debbie Ivanov

Building and Grounds Caretaker: Bob Paetsch

Art Director: Chris Robertson

Bereavement Committee Chair: Barbara Crall

Blood Drive Coordinator: Scott Cameron Clerk of Session: Liz Belz-Templeman

Cookie Coordinator: Sue Hayhurst Fellowship Director: Barbara Crall Hospitality Coordinator: Bonnie Nord Membership Coordinator: Diane Paetsch

Men's Fellowship Group Coordinator: Mike Weaver

Parish Nurse: Susan Fee Prayer Chain: Greg Imus Treasurer: Chip Kyle

Tuesdays Treasures Coor: M&M Shiffer, Denise Collins

Webmaster: John Martin

Wedding Coordinator: Stacy Mauer

The office is closed. Can leave voice message at 503 692-4160. We will get back to you.