

STATEMENT OF FAITH RUSS CARLIN, PARISH 5 DEACON



Mine has been a life of foundational trust. As a small child, my three brothers and I were corralled and hauled into church on a weekly basis. I am certain that my parents received strength from the sermons and hopefully the brothers were not too large a

distracted for the rest of the congregation. Often the passing of the peace was accompanied by a very sharp fingernail in the palm of my hand and a stern admonishment from my mother. She loved us and that was clear, she just preferred us to be *relatively* quiet during service.

My father was in the plywood industry and the family relocated to Coos Bay, Oregon when I was 10. Once there, we started attending the Methodist church and I was a member of that congregation until leaving for college where I attended the First Christian Church in Eugene. I was basically raised in the church and thus I have no excuse for what followed.

For the better part of the next 20 years I drifted spiritually. I always trusted God, thought of myself as spiritual and basically did very little to build a relationship with my Lord. Jobs and promotions came easily, homes increased in size, responsibilities increased and a marriage was lost. I had lost my way.

Thankfully the Holy Spirit continued to be present in my life and I believe led me back to my past, to a time before college, to a time before my life started to unravel. I'm convinced it was God that led me back to my best friend, a beautiful soul who remembered me as a man of faith. Grace led me back to Karen Slater whom I had met 20 years earlier while travelling with Up with People. I was given another chance that changed my life.

Tualatin High School may never be the same after our newly combined family of three children

roamed the halls. There was laughter in the house, colleges to review and a precious time where my mother lived with us until she returned home to be with her husband of 52 years. I quickly learned that I had relied upon *her* foundation, the undying belief that everything would always be okay. That God would provide. I was in my 51st year and now I was the adult.

I share this because I have many blessings in my life. I have the love of family, health, faith but I have also been given the gift that is TPC. I appreciate the opportunity to worship, laugh and serve in a family that fully appreciates and embraces God's love. I'm blessed with a Pastor who invites all, welcomes doubt and supports a diverse group of people with Grace. I'm blessed to be part of a congregation that listens, shares and walks together in the light of Christ. I'm absolutely foundationally supported and I have been given a glimpse of what God has in mind for me. I have so much to learn, so much to give.

This is such an exciting time in my spiritual life. I'm hungry to learn more about my faith and the dreams of those around me. My prayer is to be a vessel that carries the love and Grace of the Lord. I pray that His spirit simply pass through me to those who need it most. I know that He will take care of my family and provide all that we need. I know my children are watching.

It's time for me to take my place working and rejoicing next to others in faith. For me, it's foundational.

ADULT EDUCATION CLASS

Sunday, July 27 is the last 8:45 Sunday morning Adult Education Class until fall. Class will resume on Sunday, September 7th. Hope to see you then!

John Casebeer, Adult Education Elder

FRESH VEGETABLES SUNDAY MORNING

Organically grown by Paul Fukasawa
Proceeds go to Christian Education.

TUESDAY'S TREASURES
14th Annual TPC Treasures Carnival
Tuesday, July 29 at 7 p.m.

If you can help from 6:30 to 8:45 p.m., please contact Carolyn Locke, Treasures Coordinator clockezoo@gmail.com Thanks.

YOUTH GROUP—THE AWAKENING will meet on August 6th, at 7:30 p.m. This is for middle and high school students (6-12).



SUNDAY, AUGUST 10
Ken's 10 year Celebration

Taco Bar Potluck. Please consult the sign-up sheet on the bulletin board next to the kitchen to sign up, or contact Emily Ricker, Fellowship Elder, by email at emilyericker@gmail.com (Hint: Don't forget the middle "e" in her email address.)



Erik to Camp Erik is off to camp, again. Nothing he likes better than the mail he gets from his church family. He tells me it makes him feel so loved. Thank you. If you want to send a note to him, just print a few short lines and send it to Erik Spurrell c/o Upward Bound Camp; 36155 North Fork Rd; Lyons, OR 97358. He is there August 11-15. Mailing early is okay, just put the camp dates on the envelope. Thank you for all the many big and little ways you remind Erik he is loved.

Laura Spurrell

Women's Ministry- Upcoming Events
Mark Your Calendars

Have you had a desire to connect with other women of the church? The Women's Ministry Group

provides a perfect opportunity to do just that! This group is open to all TPC women—you don't have to "join" or feel obligated to attend each event. Some interesting fellowship and learning events are planned, and we hope you will join us as the fall season kicks off with:

Luncheon – Saturday, August 23 – 12 noon - An informal salad and dessert lunch will be held at the home of Laura Spurrell. See the sign-up sheet in the narthex to indicate attendance. Come and enjoy comradery and Laura's beautiful patio.

Brunch – Saturday, September 13 – 10:30 to noon at TPC – We are awaiting confirmation, but we promise an interesting speaker. More details will be forthcoming.

Women's Day Retreat – Sat., October 18 – 9:00 am – 3:00 pm – Alton L. Collins Retreat Center, Eagle Creek – ***Clothing Ourselves With Gladness: The Thread of Joy, Laughter and Suffering*** led by Judy Tuttle Zollner of the Salem Pastoral Counseling Center. *This is a not-to-be missed event – exceptional (and humorous) speaker, held in a beautiful setting, with lunch provided by a professional chef specializing in fresh, local produce from the Center's organic garden. Brochures and a table for signups will be setup in the narthex shortly.*

Women's Ministry Mission Project
HopeSprings – Basket Items Needed

The Women's Ministry Group supports the **HopeSpring** organization, a group that provides safe housing to formerly homeless women and children. Four families will soon transition to a home of their own, and TPC women will put together laundry baskets filled with items to help them set up housekeeping. Items needed include such things as hot pads, sink sponges, garbage bags, spray cleaners, dishwashing liquid, aluminum foil, toilet paper, Kleenex, laundry detergent and laundry baskets to hold the products. A complete list of desirable items may be obtained from the pocket under Women's Ministry on the tower board.

Your much appreciated donations may be given to Joan Nardi or Judy Nix on any Sunday at church or bring them to the August 23rd luncheon.

Fellowship Dinner



FELLOWSHIP DINNER GROUPS

Fellowship Dinners are groups of 7 to 9 people who meet once a month for four months for a meal, usually dinner, and fellowship. The groups usually meet in

homes, but they have also met in restaurants, parks and the church. The hosts provide the main course and others bring side dishes, dessert, etc. Sometimes games or activities are included. Each group decides the times that work best for all to gather. After each four-month phase the computer comes up with new groups. This gives everybody the chance to connect and know even more people in the church.

If you haven't participated before, now is an excellent time to begin. New church members will find this a great way to get better acquainted and long-time members find it a way to expand their relationships with other church members.

Would you be willing to be in a group that meets only during daylight hours? Would you participate if you could be in a group that only met during daylight hours? If you answered "YES" to either question, please mention that on your sign-up.

Now is the time to sign up for the new round of fellowship dinners that will start in September. We ask all who wish to participate to sign up even if you have done so in the past. You may sign up on the sheet on the bulletin board in the narthex or by emailing Rick Crall at Crall@compix.com. Recent participants can sign-up by replying to an email they'll receive about August 2nd. **Please sign up by August 25th** so assignments can be made by August 28th. You will receive an email with your group listing about August 28th. Groups will be posted on the Narthex tower on Sunday, August 31st.

Rick Crall



RED CROSS BLOOD DRIVE Wednesday, August 27 at TPC

Donor hours 2 to 7 p.m.

To donate blood or volunteer, watch for Scott Cameron and his clipboard.



SUNDAY, SEPTEMBER 7

Adventures in Service Festival after morning worship service

Come learn what's going on at TPC. What are you interested in? Try something new! No long term commitments needed.

We will serve you an awesome snack. Prizes will be awarded for participation and for being in the right place at the right time. Come!



MUSIC MINISTRIES NEEDS YOU!

Singers, ringers and other talents needed.

Both the TPC Chancel Choir and the Bell Choir resume in September. Please contact me if you would like to sing or ring the GOOD NEWS!

Dr. David Kelly
503-320-5572
dk6029@gmail.com

MISSION TRIP TO NEW ORLEANS

Greg Anable is pulling together a team for the annual mission trip to New Orleans. The New Orleans region is still in long term recovery from hurricane Katrina. This is the 10th year that Greg has worked with the Presbytery of the Cascades in sending teams to New Orleans.

Presbytery of the Cascades
Mission Trip to New Orleans

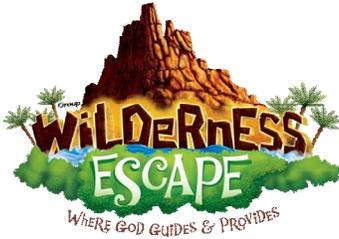
Saturday, October 25 to Saturday, November 1

Cost: Air fare, plus \$225 for food and lodging and \$115 for van rental.

To sign up, email Greg Anable at ganable@comcast.net

The following is provided:
Full commercial kitchen, dorms, air conditioning, shower trailer, washer and dryer, day room with TV, 9 passenger vans and tours of the city.

Information above provided Friday, July 11 by Bob/Karen Stai at bk061778@gmail.com, Disaster Assistance/Emergency Preparedness Point Person, Presbytery of the Cascades



VACATION BIBLE SCHOOL

Wilderness Escape

Great fun at our VBS! Many thanks to the families, children, and volunteers who made this year's

Wilderness Escape a journey to fun! Vacation Bible School began with a promise of 14-16 children and ended the week with 24 participating. Moses, aka Pastor Ken, and Malaki, our own Andrew Hall, captivated the children with five tales from the desert trek of the Israelites, including the run from Pharoah and the receipt of the Ten Commandments. Our oasis volunteers included Carolyn Barker, Barb Crall, Rebecca Crall, Rick Crall, Barbara Harriman, Bill James, Val James, Cackie Kyle, Molly Maleta, Judy Nix, Beth Schulke, Erik Spurrell, Bobby Weener, Megan Weener, Katrina Weener, and Denise Collins. Office support was provided by Rhoda Friesen and Susan Springer. A family dinner was lovingly prepared by members of the Fellowship Committee Linda Duncan, Mary Ortez, Emily Ricker, Stephen Ricker, and Sue Hayhurst. Rod Kerr, Bob Paetsch, and Mark Maleta provided extra help with clean-up, and Mike Shiffer provided extra desert canopies. Our utmost thanks to each person who helped our tribe members journey to the promised land!

One final thanks goes to the many who made it possible for us to collect birthday bags for the Tualatin School House Pantry. As of the newsletter deadline, our mission project has made it possible for 23 children to celebrate their birthday with a sweet treat. Your generosity is so appreciated!



SCHOOL SUPPLY DRIVE

It's time again for our annual school supply drive benefiting kids in Tigard Tualatin school district. All the items listed below are needed and used by elementary students throughout the district. Please turn in your donations to the marked box in the narthex by Sunday, August 24th. Thank you for your generous support of education in our community.

- #2 Ticonderoga pencils, 12 pack colored pencils
- 24 pack crayons
- Crayola markers, classic colors, thick

- Expo dry erase markers, black
- 5" Fiskar scissors, pointed
- Solid glue sticks
- Crayola watercolor set
- Pink pearl erasers, wide-ruled loose leaf paper,
- Wide-ruled spiral or composition notebooks
- 12" standard/metric ruler
- Tissue box, hand sanitizer

Rebecca Olsen, Mission Committee Member



TUALATIN SCHOOL HOUSE PANTRY

Current needs include:

Fresh produce from your backyard gardens, pasta (anything but spaghetti), rice, and hygiene items, such as TP, bar soap and shampoo. All donations are greatly appreciated.

Thank you!

Tracy Smith 503-783-0721



July 17 Session Meeting Highlights

Action Items:

- Revisions to the Employee Policies and Procedures Manual were approved.
- The revised Nursery Assistant position description was approved.
- The Scholarship Committee was preauthorized to select and approve payments of \$500 for up to four eligible seniors attending college in the fall.
- Tualatin Valley Preschool rent was for the 2014-2015 year was approved.

Committee Reports and Other Information:

- Results of the congregational survey to assist in development of a communication strategy and website changes was discussed.
- The Hymnal Committee has recommended purchase of the new Presbyterian hymnal "Glory to God". The hymnal contains a wide variety of songs from both hymnals now in use, new liturgical resources and songs, as well as digital and online versions. Copies will be made available for congregational review and the tech committee will evaluate the digital version.
- Calendar planning for the fall is underway to develop a better plan to allocate church facilities for programs.

The above information has been compiled from Session minutes. Complete copies of minutes and reports are available in the church office.

Carolyn Barker, Clerk of Session



PRAYING FOR OTHERS

Praying to God on behalf of others offers them a sense of comfort that can be found nowhere else. And, prayers are always answered. Sometimes we wish the answer were different, but there is always an answer.

At TPC, we regularly pray for one another, and there are many ways you can request prayer – or have the opportunity to pray for others.

PRAYER CHAIN

There are members of the TPC congregation who regularly pray to God on behalf of those who make a request. If you need prayers, please contact Greg Imus via email at rgregoryimus@gmail.com and your request will be passed along to members of the prayer chain. Your prayer request will be included in the church's bulletin in following weeks if you wish to have prayers from the entire congregation. Unless you state that you want your prayer request to be included in the bulletin, it will be kept confidential among the members of the prayer chain.

If you would like to become a member of the prayer chain, please send your name and email address to rgregoryimus@gmail.com and you can join this group as we offer prayers for others.

PRAYER BOX

As you enter the sanctuary, you'll see a small, wooden prayer box. If you would like prayers for any person or concern, simply write your request on the prayer form found next to the prayer box. On the form, you can stipulate whether the prayer is just for the eyes of our church's prayer-chain members – or if you would like the pastor to read your prayer request aloud to the congregation during Joys and Concerns.

JOYS AND CONCERNS DURING WORSHIP

During Joys and Concerns, you have the opportunity to personally share your prayer request with the congregation. Remember, you still have the prayer box option if you want a prayer but are not comfortable verbalizing your request to the congregation.

Prayer is not only a powerful force, it's also a loving response we can offer to those in need.

Greg Imus, Prayer Chain Coordinator



UPDATE FROM MIKE AND MARY SHIFFER

Mike Shiffer is hoping to be cleared for driving on August 12. Mary will probably be unable to drive until September. In the meantime, Mike and Mary still need help getting to and from doctor, rehab and other appointments. If you can help, please go to www.carecalendar.org, enter calendar id **186642** and security code **2799**. Current needs are in red and are added as needed, so if you can help, check back often. Mike and Mary really appreciate the help being provided by our TPC family. Prayers are, of course, still appreciated.



SPONSORED KIDS INTERNATIONAL PROJECT

You may remember that "Shark Tank" funds have been designated to cover one-year sponsorship of two needy kids somewhere in the world. The two children, from two parts of the world, will be introduced soon. Stay tuned...this is an exciting adventure!



Sunday Morning

SUNDAY MORNINGS AT TPC

Every Sunday, two people stand by the front door and greet people as they come for worship. Two additional people hand out bulletins by the glass doors leading into the sanctuary. These people also help collect the morning offering and walk portable microphones to individuals during Joys and Concerns. If you would like to help in this manner on a Sunday morning, there is a sign-up sheet on the bulletin board to the right of the kitchen door. Select a date that fits your schedule. Thanks!



SUNGLASSES BUYING GUIDE

by Berkeley Wellness
August 13, 2013

This is part 2 of the article that was printed in the July newsletter.

What to look for in sunglasses

There are no federal standards for sunglasses, and labels are inconsistent and confusing. A tag or sticker that simply says “blocks UV” or “UV-absorbent,” for instance, is meaningless because it doesn’t tell you how much UV is blocked. Better choices are sunglasses that claim to block most or all UV (“99-100% UV absorbent” or “UV 400,” for example), though there is no independent verification for this. And while the American National Standards Institute (ANSI) sets voluntary standards (Z80.3 codes) for UV protection of sunglasses, you’re not likely to see these labels, and they don’t guarantee that the glasses have actually been inspected.

One way to be certain that your sunglasses are blocking most or all UV is to have an optician test them using a photo spectrometer (often called a UV meter). It’s a good idea to have old sunglasses tested, since some of the UV coating, if one was applied, can be lost over time through scratches and abrasions. An optician can also coat sunglasses, if necessary.

More general pointers:

- Both clear glass and plastic lenses naturally filter out some UV light (polycarbonate plastic, in particular, blocks nearly all UV). But maximal UV protection comes from clear chemicals that are incorporated into the lenses during manufacture or applied as a coating.

- Darker lenses don’t mean greater UV protection. In fact, unless darker lenses are fabricated to block UV, they can be more harmful than wearing no sunglasses, because they can cause pupils to dilate, allowing more UV to enter your eyes. Darker lenses do, however, block more visible light and minimize glare. They should be dark enough so you don’t see your eyes when you look in the mirror, but light enough so you can see curbs, stoplights, and stairs.

- Colored lenses reduce visible light, but color has nothing to do with UV protection. Yellow, amber and orange lenses block the most blue light and enhance contrast, but can distort colors. Brown also blocks significant blue light. Gray and brown lenses produce the least color distortion and are good for all-around wear and driving. Green distorts minimally. Avoid blue-tinted glasses, which let in more blue light.

- The larger the frames, the better. Wrap-around glasses block light coming from the side, but may cause distortion.

- You should be able to find an adequate pair of sunglasses for \$20 to \$60. More expensive ones are not necessarily better, but cheap ones (less than \$10) are more likely to have optical imperfections.

- To check lens quality, hold the glasses at arm’s length and look at a straight line in the distance. When you move the glasses across that line, the line should not bend.

If you wear prescription glasses, you can buy prescription sunglasses or glasses with photochromic lenses. You can also get sunglass “clip-ons” for your regular frames—or “click-ons” that attach magnetically. At a minimum, your regular glasses should have added UV protection.

Submitted by Dianne Lemmon, Parish Nurse

AUGUST BIRTHDAYS

2—Art Barry
2—Stacy Mauer
4—Andrew Perkins
6—Stan Heath
6—Maureen Richardson
6—Quentin Shiffer
7—Barb Larson
8—Donna Hoff
12—Mark Maleta

13—Grover Carson
15—Jacob Holland
17—Marilyn Heath
17—Marian Smith
19—Patrick Gibson
21—Morgan Maleta
22—Bob Schuhmann
22—Teagan Cameron
24—Ginny Fitzhenry

24—Amelia Hammer
25—Cliff Hoff
25—Mimi Robb
26—Andy VanSchoiack
27—John Cameron
29—Diane Barry
29—Jean Martin
29—Maegan Cameron
HAPPY BIRTHDAY ALL!

TUALATIN PRESBYTERIAN CHURCH CALENDAR

For the latest calendar updates, go to www.tpcspirit.org and click on calendar.

August 2014

Sun	Mon	Tues	Wed	Thu	Fri	Sat
					1	2
3 No Adult Education class during August. 10:00 Worship	4	5	6 7:30 p.m. Awakening for youth	7	8 10 to noon Loving Stitches	9
10 10:00 Worship Ken's 10-year anniversary party	11 7 p.m. Deacon meeting	12 7 p.m. Mission meeting 7 p.m. Fellowship meeting	13	13	15	16
17 10:00 Worship	18	19	20	21 7 p.m. Session Meeting	22 10 to noon Loving Stitches	23 Noon— Women's Potluck at Laura Spurrell's home
24 10:00 Worship	25	26 9 a.m. September newsletter deadline	27 Blood Drive 2-7 p.m.	28	29	30
31 10:00 Worship						

Regular TPC office hours are Monday through Thursday,
9 a.m. to 3 p.m., and Friday, 9 a.m. to noon.
Office hours can vary; call ahead to confirm the office is open.

PASTOR KEN'S SERMONS ON LINE

Each Sunday, John Martin tapes Ken's sermons. If you miss a Sunday, you can catch up on the sermon by going to the church website, tpcspirit.org. Hover over Worship, then click on Sermons from the pull-down menu. Select the date, then start the video by clicking on the arrow on the left side of the screen.

2014 FINANCIALS	Actuals	Budget	Dollar Difference
Operating Income Year to Date 6/30/14	\$156,604	\$171,128	(\$14,524)
Operating Expenses Year to Date 6/30/14	\$162,862	\$169,389	\$6,527



VACATION
BIBLE SCHOOL
July 14 - 18, 2014

Photographs by
Rebecca Crall

